

As you become older there are ways to protect yourself and your money...

- Make a Will
- Complete your Advance Personal Plan (your living will)
- Protect your personal information
- Plan for your future care and lifestyle
- Know your rights
- Plan for retirement
- Maintain social contacts
- Maintain health and well-being

Who can help?

Office of the Public Trustee

(for Advance Personal Plans and Wills)
08 8999 7271

Darwin Community Legal Services (DCLS) Seniors and Disability Rights Service

1800 812 953

NT Legal Aid

1800 019 343

Elder Abuse Information

1800 037 072

Australian Human Rights Commission

1300 656 419

National Elder Abuse Hotline

1800 353 374

Relationships Australia Senior Relationship Services

08 8923 4999 (Darwin)

08 8950 4100 (Alice Springs)

Council on the Ageing NT

08 8941 1004

Aged Care Navigator (Darwin)

0466 544 552

Aged Care Navigator (Alice Springs)

0423 828 588

NT Seniors Card

1800 441 489



Financial and Legal Information for Senior Territorians

Making a Will

Making a will is the only way to make sure your money, property and personal belongings go to the people who you want to receive them.

In the Northern Territory the Public Trustee may be able to assist you with making a will.

You can call the Public Trustee for more information on (08) 8999 7271 or visit: www.nt.gov.au/law/bdm/make-a-will

Advanced Personal Plans

An Advance Personal Plan is a legal document that will set out your future health, financial and life choices should you be unable to make decisions for yourself. This can be due to age, illness or accident.

It is also known as a living will and will only take effect when you lose decision-making capacity while you are still alive. It does not replace your will.

Advance Personal Planning replaces enduring power of attorney in the Northern Territory (NT).

For more information visit: www.nt.gov.au/law/rights/advance-personal-plan

Protect your personal information

Make a list of your important documents, including their birth and marriage certificate, will, advanced personal plan, house deeds and bank account details.

Keep your important documents in a secure location; either in a locked filing cabinet or a secure data file. Only the persons you trust or nominate to manage your estate should have access to these files.

Legal Advice

If you are in debt, or in trouble, and cannot afford a solicitor, you can contact a community legal centre or Legal Aid agency for free legal advice.

NT Legal Aid Commission has branches in Darwin, Palmerston, Katherine, Tenant Creek and Alice Springs and can help with criminal, family and civil law. For more information call 1800 019 343.

Your Rights at Retirement

The Australian Human Rights Commissioner has published a booklet called "Your Rights At Retirement".

This is a comprehensive guide to making decisions and navigating your entitlements in later life. This booklet helps you to navigate the different phases of ageing. It covers topics from setting up a retirement budget through to considering options for aged care.

www.humanrights.gov.au/our-work/age-discrimination/publications/your-rights-retirement

Protect yourself from Elder Abuse

Elder Abuse is any act, or failure to act within any relationship where there is an expectation of trust, which causes harm or distress to an older person.

An estimated 10% of people over the age of 65 will experience some form of Elder Abuse.

Financial abuse is the most common form of Elder Abuse. You can take steps to protect yourself; make a will, have an advanced personal plan and phone the free, confidential Elder Abuse Information Line on 1800 037 072 to discuss your options with a trained advocate.

