COTA Northern Territory

Coomalie Branch Newsletter

Issue 81

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August is always a busy month with Seniors Week and the Darwin Festival. Here are some of the events.

3rd August: The Seniors Picnic will be held at Batchelor oval from 9.30 am to 2.00pm. There is a small charge of \$6.00 for morning tea and lunch. Come along and join in the activities or just have a chat. Bookings are essential – ring Jan 89760255.

8th August: Results of Over 65's Gardening Competition run by Keep Australia Beautiful, to be announced at a luncheon at NAB House. At least six Coomalie gardens entered this year so we may have a winner.

9th **August: Victims of Crime Forum** at the Council Chambers. This information session on home safety and security concerns us all. Come at 9.00 for morning tea followed by the meeting at 9.30.

For more information ring Jan Jewells 89760255.

18th August: The Council trip to the Territory Wildlife Park and Manton Dam. Two buses will take seniors from Adelaide River and Batchelor on a tour of the Wildlife Park. Bookings are essential so contact Shona at the Council, 89760385, to book a place. See page 2 for more information.

21st August: Grey Panther dance classes to commence at Batchelor. For the aging, dance is one of the most effective ways to improve the fitness of the body and the mind, so it is very exciting that the Tracks Dance Company will commence Grey Panther dance classes here. See the page 2 for further information.

27th August: Bus trip to Coolalinga and Gateway.
Please note that this monthly bus trip will no longer go to Casuarina Shopping Centre. An explanation for the change is given on page 2. A very big "Thank you" to the drivers who have volunteered their time and skills for these last nine years.

For more information about Seniors Month events across the Territory go to the COTA website and then the events calendar www.cotant.org.au
See you at one or more of the events,

Prue King editor cotacoomalie@gmail.com

Regular Events

Bus to Coolalinga & Gateway

Fourth Monday of the month 27th of August Bookings essential Phone Jan on 89760255

Morning Tea

Friday 31st August from 9.30 am at Rum Jungle Bowls Club

Quiz Nights

First Saturday of the Month August 4th and September 1st 2018 Venue – Bowls Club 7.00 pm for 7.30 start \$5 to play

Coomalie Community Shed

2 Cutler Place, Batchelor Tuesdays 8.30-2.00 Call James Wright on 0488195410

Agemoves Exercise Group Batchelor

Every Tuesday, 5.00pm-6.15pm Research Building, BIITE

Adelaide River

Every Wednesday, 3.30pm – 4.45pm Library, Adelaide River School Call Darryl on 89760160

Batchelor Markets

Sunday 12th August 2018 8.00am – 1.00 pm Contact Denise Grecian –Wright on 0488 195 430

Garden Group

Meet at Museum Café on 1st Sunday of the month at 11.00am.

Monthly Bus trip to Coolalinga and Gateway

The COTA Coomalie committee has recently been having trouble sourcing volunteer bus drivers for the monthly bus trip to Casuarina. We as a committee and as a community are indebted to the generosity of all the volunteer drivers. As a matter of interest, COTA, in collaboration with Coomalie Council, commenced the monthly bus runs in July 2009 and in total, 107 trips have been made with only two cancellations over the nine years.

The Committee has weighed up the situation and decided that in order to be in a better position to source drivers now and in the future, we will only be doing the shorter trip to Gateway and Coolalinga from now on. The Committee understands that there is a good variety of shops and services available at both centres. We apologise for the inconvenience of the cancelled trip in July and the bus will resume on 27th August going to Gateway and Coolalinga.



Join the Grey Panthers

Are you 60 or over? Tracks Dance Company will commence Grey Panthers dance classes in Batchelor on Tuesday 21st August 2018 at Rum Jungle Tavern Function Room. Classes will run from 1.30pm to 3.00pm each Tuesday and will cost \$5 per class.

Become a Grey Panther, have fun, learn the dances, and have opportunity to join in performing. No previous dance experience is needed.

Contact Darryl Butler on 89760160 or 0428983098 for more information.

Find out more about the Grey Panthers and Tracks on their website. http://www.tracksdance.com.au/30-years-grey-panthers#photos



Coomalie Gardening Group.

Meets at 11.00 am on 1st Sunday of the month at the Barking Owl (Museum) Café. This year they entered their gardens in the *Over 65's Gardening Competition*, run by Keep Australia Beautiful. Come along to share your gardening knowledge and learn more about gardening in the Coomalie area.



BATCHELOR MARKETS

<u>Sunday</u>, 12^h August Batchelor Oval - 8am till 1pm

The number of stalls is increasing each month. August will see some new arts and crafts stalls, more jewellery, clothes, fishing gear, **FRESH FRUIT & VEG** bric-a-brac and collectables, furniture, fresh ginger-beer, plants, coffee and cakes, jams and relishes, Aussie BBQ, 2nd hand books & DVD's, and always much more. Tell your friends, tell your family to come along and enjoy the atmosphere of this lovely country market

This is a pet friendly event. With dogs on leashes, we will all enjoy the day.

"Something for EVERYONE"

Please contact Denise for further information. Mobile: 0488 195 430 - Email: batchelormarkets@gmail.com Proudly supported by COTA Coomalie





