

Coomalie Branch NEWSLETTER

MAY 2015 Issue 44

Mother's Day

A big hello and vote of appreciation to all the mothers, grandmothers and great grandmothers out there.

Mother's Day, Sunday 10 May 2015.

Our first games night in Adelaide River is not to be missed. We are at the ARSS Club on Saturday 16 May and the ARSS club courtesy bus will be available to AR people looking for transport, call the RSS Club to arrange.. We would love to see a contingent of Batchelor people too and could organise some car pooling. Call Darryl on 89760160.

On 15 April Coomalie Branch held two information sessions on Consumer Directed Care. One in Adelaide River and one in Batchelor. A clear issue identified from the discussion was the lack of service providers who could provide the required services for home care in Coomalie. This information is being fed up the line through COTANT to government. We would certainly be interested in any further views on this subject.

A big thankyou from Coomalie Branch to Outdoor Education in Batchelor who allowed us to use their bus for the April Bus Trip when the Council bus was out of action.

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Regular Events

Bus to Darwin

Monday 25 May 2015 Call Terry on 0457237564

Morning Tea

Friday 29 May 2015 from 9.30am Rum Jungle Bowls Club Batchelor

Quiz Nights

7.00pm Saturday 6 June 2015 7.00 pm Saturday 4 July 2015 Rum Jungle Bowls Club Bring Food to Share \$10/\$5 to play

Board Games Night

7.00pm Saturday 16 May
ARSS Club
ARSS Club Courtesy Bus to and from
Adelaide River – call ARSS
Car pooling from Batchelor – call Darryl on
89760160
\$5 to play.

Men's Shed

2 Cutler Place Batchelor Tuesdays 8.30 -2.00

B3 Exercise Group

Tuesdays 5.00pm -6.15pm Research Building BIITE



Following the success of last years event, Terry and Rex are hosting Christmas in July again this year.

Saturday 18th July 6.00pm 'til late 28B Kirra Crescent, Batchelor \$30 per head

(includes drink on arrival with canapes, entrée, main course and sweet)

Seating is limited to 25 places so **book early**.

Call Jan on 89760255

Survey of Older Territorians

You may recall that during 2014, COTA NT and Charles Darwin University collaborated on a survey of Territory Seniors. The report:

Now You See Us!—A Report on the Policy and Economic Impacts from Rapid Growth in the Number of Senior Territorians" was recently released and copies can be downloaded from this link:

http://www.cotant.org.au/wp-content/uploads/2015/05/COTA-NT-CDU-2015-FINAL.pdf





A Report on the Policy and Economic Impacts from Rapid Growth in the Number of Senior Territorians

> Benxiang Zeng Huw Brokensha

Coming Up

Suicide Prevention Training

Wesley LifeForce will be conducting a **Suicide Prevention Workshop** at **Batchelor Resort, Rum Jungle Rd, Batchelor NT 0845** on <u>Wednesday 17 June 2015</u> from 9am – 4pm. There is no charge to attend the workshop.

The program helps participants recognise when a person may be having thoughts of suicide, and provides a simple strategy to intervene and assist them.

If you know of any individuals or groups who may be interested in attending this workshop please ask them to register using this link:

https://www.eventbrite.com.au/e/wl-3143-wesley-lifeforce-suicide-prevention-6hr-workshop-batchelor-nt-tickets-16852884431

The training is open to community members aged over 18 years.