

# Seniors and Disability Services Directory



## Introduction

Welcome to the 2015 edition of the City of Darwin's 'Seniors and Disability Services Directory'.

The directory provides information on services available to people with a disability and people over the age of 50 living in the Darwin community.

While considerable care has been taken to ensure that information contained in this Directory is correct at the time of printing, Council takes no responsibility for any errors or omissions. The Directory can also be accessed and additional copies downloaded via City of Darwin's website [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)

Please advise Council's Community and Cultural Services Department if any changes are necessary on telephone 08 8930 0409.

For general enquiries regarding Council services, contact:

Customer Service Centre  
City of Darwin  
Harry Chan Avenue Darwin NT 0800  
GPO Box 84 Darwin NT 0801

Telephone	08 8930 0300
Facsimile	08 8930 0311
Email	<a href="mailto:darwin@darwin.nt.gov.au">darwin@darwin.nt.gov.au</a>
Website	<a href="http://www.darwin.nt.gov.au">www.darwin.nt.gov.au</a>

Published by Community & Cultural Services Department, City of Darwin  
Publication printed by Zip Print

ISBN: 978-0-9578904-3-5

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# ACCOMMODATION

## Darwin Accommodation Services

**Location:** 22 Albatross Street WINNELLIE  
**Postal:** PO Box 37746 WINNELLIE NT 0821  
**Telephone:** 8984 4036  
**Fax:** 8984 4586  
**Email:** [das@hpa.net.au](mailto:das@hpa.net.au)  
**Website:** [www.hpa.net.au](http://www.hpa.net.au)  
**Hours:** Monday-Friday: 8.00am-4.00pm  
**Parent Body:** HPA Disability Services

Accommodation and accommodation support for people with disabilities.

Providing a fully supported group home, semi-independent living units and an outreach service in the Darwin and Palmerston area.

## Accommodation

### **Somerville Community Services Inc Disability Services Program**

**Location:** 147 Lee Point Road WAGAMAN  
**Postal:** PO Box 42644 CASUARINA NT 0811  
**Telephone:** 8920 4100  
**Fax:** 8920 4101  
**Email:** [scs@somerville.org.au](mailto:scs@somerville.org.au)  
**Website:** [www.somerville.org.au](http://www.somerville.org.au)  
**Hours:** Monday-Friday: 8.00am-4.30pm

Provision of high quality person centered services to people with severe to profound disability in the Top End of the NT.

The organization provides permanent 24 hour coverage in community based supported accommodation. For existing service users it also provides a brokered social program.

### **Supported Accommodation**

**Postal:** 1/36 Mitchell Street DARWIN NT 0800  
**Telephone:** 8930 2306  
8930 2311  
**Email:** [wendylouise.tamakloe@lwb.org.au](mailto:wendylouise.tamakloe@lwb.org.au)  
[chrisorton@lwb.org.au](mailto:chrisorton@lwb.org.au)  
**Website:** [www.lwb.org.au](http://www.lwb.org.au)  
**Hours:** 24 hours a day, 7 days a week  
**Parent Body:** Life Without Barriers

Provision of supported accommodation to people with disability who require support in activities of daily living.

## **ADVISORY/PEAK BODY**

### **Australian Association Special Education NT Chapter**

**Location:** NT Wide  
**Postal:** PO Box 40528 CASUARINA NT 0811  
**Email:** [aasent@gmail.com](mailto:aasent@gmail.com)  
**Website:** [www.aase.edu.au](http://www.aase.edu.au)  
**Hours:** Monday to Friday

The Australian Association of Special Education Inc is the national peak body of professionals, other para-professionals and community members with the expertise and/or interest in the education of children and young people with special education needs.

Australian Association of Special Education is a broad-based non-categorical association concerned with all who have special education needs.

AASE NT provides information and professional learning and also provides support for teachers, support staff and parents/carers.

**Advisory/Peak Body**

**Council on the Ageing NT Inc (COTA NT)**

**Location:** Spillett House  
65 Smith Street DARWIN

**Postal:** GPO Box 852 DARWIN NT 0801

**Telephone:** 8941 1004

**Email:** ceo@cotant.org

**Website:** www.cotant.org

**Hours:** Monday-Friday: 10.00am-4.00pm

**Parent Body:** COTA Australia is representative of all States and Territories

Council on the Ageing NT (COTA NT) is a non-for-profit peak organisation representing the rights, needs and interests of senior Territorians aged over 45 (indigenous) and over 50 (non-indigenous). It provides:

- Information and advocacy services
- Policy review and consumer representation
- Events and workshops throughout the year
- Special events and workshop during Seniors Month.

It runs a number of services advocating for and in support of seniors' groups, individuals, CaLD community and social engagement.

Council on the Ageing NT's priorities for seniors include: advocating for accommodation, transport, access and infrastructure design, employment and discrimination.

## Early Childhood Australia NT Branch

**Location:** 71 Coonawarra Road WINNELLIE  
**Postal:** PO Box 41936 CASUARINA NT 0811  
**Telephone:** 8986 7142  
**Fax:** 8947 2884  
**Email:** [ecant@earlychildhood.org.au](mailto:ecant@earlychildhood.org.au)  
**Website:** [www.earlychildhood.org.au](http://www.earlychildhood.org.au)  
**Hours:** Monday-Friday: 8.30am-4.36pm

Early Childhood Australia (ECA) mission is to advocate on behalf of children from birth to eight years of age ensuring quality, social justice and equity in all issues relating to their education and care. This mission is underpinned by the following values: the rights of children, leadership, excellence, respect, courage, honesty, openness, collaboration, diversity, justice, and social inclusion of children.

The NT Branch (ECANT) as a peak body aspires to best practice in management of programs and service delivery. This is done by strategic planning, having appropriate policies and procedures, effective reporting mechanisms and quality assurance processes.



**Advisory/Peak Body**

## **Integrated Disability Action Inc**

**Location:** Nightcliff Community Centre  
4/18 Bauhinia Street NIGHTCLIFF

**Postal:** PO Box 645 NIGHTCLIFF NT 0814

**Telephone:** 8948 5400

**Fax:** 8948 5409

**Email:** [office@idainc.org.au](mailto:office@idainc.org.au)

**Website:** [www.idainc.org.au](http://www.idainc.org.au)

**Hours:** Tuesday, Wednesday, Thursday: 9.00am-  
2.30pm

Integrated Disability Action (IDA) is a peak consumer body for people with disabilities, their families, carers, workers in the disability field and those with an interest in the disability sector.

IDA has ramp access, accessible toilets and a large accessible office.

## **National Disability Services NT**

**Location:** Level 2  
43 Cavenagh Street DARWIN  
**Postal:** GPO Box 4521 DARWIN NT 0801  
**Telephone:** 8930 2888  
**Fax:** 8930 2822  
**Email:** [ndsnt@nds.org.au](mailto:ndsnt@nds.org.au)  
**Website:** [www.nds.org.au](http://www.nds.org.au)  
**Hours:** Monday-Friday: 8.30am-5.00pm  
**Parent Body:** National Disability Services

NDS is Australia's peak body for non-government disability service organisations. NDS provides a robust and independent voice to governments on behalf of disability service providers and supports its membership through providing information on current and emerging issues in the sector.

## **NT Council of Social Service Inc**

**Location:** 1/18 Bauhinia Street NIGHTCLIFF  
**Postal:** PO Box 1128 NIGHTCLIFF NT 0814  
**Telephone:** 8948 2665  
**Fax:** 8948 4590  
**Email:** [admin@ntcoss.org.au](mailto:admin@ntcoss.org.au)  
**Website:** [www.ntcoss.org.au](http://www.ntcoss.org.au)  
**Hours:** Monday-Friday: 8.30am-4.00pm

The Northern Territory Council of Social Service (NTCOSS) is a peak body for the Social and Community Sector in the Northern Territory and an advocate for social justice on behalf of people and communities in the NT who may be affected by poverty and disadvantage.

**Advisory/Peak Body**

## **Office of Senior Territorians**

**Location:** Level 9, Northern Territory House  
22 Mitchell Street DARWIN

**Postal:** GPO Box 4396 DARWIN NT 0801

**Telephone:** 8999 3894

**Fax:** 8941 5291

**Email:** [ost@nt.gov.au](mailto:ost@nt.gov.au)

**Website:** [www.seniors.nt.gov.au](http://www.seniors.nt.gov.au)

**Hours:** Monday-Friday: 8.00am-4.21pm

**Parent Body:** Department of the Chief Minister

The Office of Senior Territorians engages with the community and government agencies to ensure a coordinated approach to the implementation of government's policy priorities for Territory Seniors.

## **Probus Club of Darwin Inc**

**Location:** Tracy Village Sports Club

**Email:** [d\\_g\\_s@outlook.com](mailto:d_g_s@outlook.com)

**Website:** [www.darwinprobus.org](http://www.darwinprobus.org)

**Hours:** Meets first Wednesday of each month  
(except January) at 10.00am

**Parent Body:** Probus South Pacific Limited

Probus is a part of the Rotary International World and is a club for retired or semi-retired ladies and men.

Probus is not for profit, non-sectarian and non-fundraising.

Its objectives are to stimulate thought, interest and participation in activities at a time of life when it is easy to become complacent and self-centered.

# ADVOCACY

## **Aged and Disability Advocacy Service**

**Location:** 8 Manton Street DARWIN  
**Postal:** GPO Box 3180 DARWIN NT 0801  
**Telephone:** 8982 1111  
**Freecall:** 1800 812 953  
**Fax:** 8982 1112  
**Email:** [info@dcls.org.au](mailto:info@dcls.org.au)  
**Website:** [www.dcls.org.au](http://www.dcls.org.au)  
**Hours:** Monday-Friday: 8.00am-4.30pm  
**Parent Body:** Darwin Community Legal Service

An Aged and Disability Advocacy Service providing advocacy for people receiving commonwealth aged care services and anyone with a disability, their carers and representatives.

## Advocacy

### Community Visitor Program

<b>Location:</b>	<b>7th Floor 9-11 Cavenagh Street DARWIN</b>
<b>Postal:</b>	<b>LMB 22 GPO DARWIN NT 0801</b>
<b>Freecall:</b>	<b>1800 021 919</b>
<b>Fax:</b>	<b>8981 3812</b>
<b>Email:</b>	<b>CVPProgramADC@nt.gov.au</b>
<b>Website:</b>	<b>www.cvp.nt.gov.au</b>
<b>Hours:</b>	<b>Monday-Friday: 8.00am-4.20pm</b>
<b>Parent Body:</b>	<b>Anti-Discrimination Commission</b>

The Community Visitor Program (CVP) is an independent service located in the Anti-Discrimination Commission. Its purpose is to protect the rights of people receiving treatment under the:

- Mental Health and Related Services Act
- Disability Services Act
- Alcohol Mandatory Treatment Act.

The CVP protects and promotes the rights of people receiving treatment from NT mental health, disability and mandatory alcohol services, and works to ensure a high quality of treatment and services in the Northern Territory.

## **Disability Discrimination Advocacy**

**Location:** Darwin Community Legal Service  
**Postal:** GPO Box 3180 DARWIN NT 0801  
**Telephone:** 8982 1111  
**Freecall:** 1800 812 953  
**Fax:** 8982 1112  
**Email:** [info@dcls.org.au](mailto:info@dcls.org.au)  
**Website:** [www.dcls.org.au](http://www.dcls.org.au)  
**Hours:** Monday-Friday: 9.00am-4.30pm  
**Parent Body:** Darwin Community Legal Service

Provides advice and advocacy on the application of the *NT Anti-Discrimination Act*. The service is free and confidential.

Also provides advice and advocacy on the application of the *Disability Discrimination Act*, and the following schedules attached to that Act:

- Transport Standards
- Education Standards
- Accessible Buildings.

## **AGED CARE SERVICES**

### **Carers NT Inc**

**Location:** 59 Bayview Boulevard BAYVIEW  
**Postal:** GPO Box 1861 DARWIN NT 0801  
**Telephone:** 8944 4888  
**Freecall:** 1800 242 636  
**Fax:** 8944 4889  
**Email:** [carersnt@carersnt.asn.au](mailto:carersnt@carersnt.asn.au)  
**Website:** [www.carersnt.asn.au](http://www.carersnt.asn.au)  
**Hours:** Monday-Friday: 8.30am-4.30pm  
**Parent Body:** Carers Australia

Carers NT is a not-for-profit, community-based organisation dedicated to improving the lives of family carers living in the Northern Territory. Some of the services provided are:

- Respite
- Social Support
- Counselling and other therapies
- Information and advocacy.

The role of Carers NT is to work in active partnership with carers, persons with care and support needs, service providers, government and the wider community by offering services to carers.

## Community Visitors Scheme

**Location:** Shop 1 Wanguri Shops  
Wanguri Place WANGURI

**Postal:** PO Box 36506 WINNELLIE NT 0821

**Telephone:** 8927 0390 or 8985 0000

**Fax:** 8985 0001

**Email:** [charbinson@anglicare-nt.org.au](mailto:charbinson@anglicare-nt.org.au)

**Website:** [www.anglicare-nt.org.au](http://www.anglicare-nt.org.au)

**Hours:** Coordinator: Monday-Thursday: 8.30am-5.00pm  
Volunteers: flexible

**Parent Body:** Anglicare NT

The Community Visitors Scheme (CVS) is a National Program, linking volunteers on a one to one basis with a socially and/or culturally isolated resident in aged care facilities.

The aim is to enhance quality of life and reconnect with the local community.



## **Aged Care Services**

### **D & R Community Services**

**Location:** Unit 2/78 Woods Street DARWIN  
**Postal:** PO Box 2236 PARAP NT 0804  
**Telephone:** 8941 5852  
1300 372 273  
**Fax:** 8941 7942  
**Email:** [drcs@drcommunityservices.com.au](mailto:drcs@drcommunityservices.com.au)  
**Website:** [www.drcommunityservices.com.au](http://www.drcommunityservices.com.au)  
**Hours:** Monday-Friday: 8.00am-4.30pm

D & R Community Services is an approved service provider with the Commonwealth and State Governments.

D & R provides a variety of programs to support the elderly, the disabled and their carers. The services offered provide eligible people with assistance like personal care, shopping, cleaning, social support, in home respite, transport, meals on wheels, high and low care aged care packages.

Referrals can be made by oneself, one's doctor, family member or a friend.

## **Aged Care Assessment Team - Urban**

**Location:** Level 1A Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive CASUARINA

**Postal:** PO Box 40596 CASUARINA NT 0811

**Telephone:** 8922 7392

**Freecall:** 1800 200 422 – My Aged Care (request for services)

**Fax:** 8922 7216

**Email:** [AgedCareUnitTEHS.DoH@nt.gov.au](mailto:AgedCareUnitTEHS.DoH@nt.gov.au)

**Hours:** Monday-Friday: 8.00am-4.21pm

**Parent Body:** Department of Health

Aged Care Assessment Team (ACAT) provides multi-disciplinary assessments for people 65 years and over and Aboriginal people 50 years of age or over, who are frail aged and have complex care needs as a result of an aged related illness.

ACAT has Commonwealth delegation to approve applicants for Residential Aged Care Respite, Residential Placement, Transition Care and Community care packages.

It is a free service and anyone can make a referral via My Aged Care on 1800 200 422 or online at [myagedcare.gov.au](http://myagedcare.gov.au)

**Aged Care Services**

**Filipiniana Senior Citizens Association  
Incorporated**

**Location:** Alawa Community Hall  
Lakeside Drive ALAWA

**Postal:** PO Box 41205 CASUARINA NT 0811

**Telephone:** C/- 8988 9638 or 8945 1145 or 8932 4869

**Email:** beng.elsi@bigpond.com

**Hours:** Weekly meetings on Mondays: 9.30am-1.30pm

Activities: games, singing, dancing, exercises, picnics and dining out.

Visits sick members and provides financial help and attendance at funerals for members who pass away.

Invite speakers for information about health and other aged care services.

Responds to government invitations.

## **NT Dementia Behaviour Management Advisory Service (NTDBMAS)**

**Location:** Moonta House  
43 Mitchell Street DARWIN

**Postal:** GPO Box 336 DARWIN NT 0801

**Telephone:** 8982 5202

**Freecall:** 1800 699 799 helpline 24/7

**Fax:** 8941 7533

**Email:** darwin.dbmas@arrcs.org.au

**Website:** www.arrcs.org.au  
www.dbmas.org.au

**Hours:** Monday-Friday: 8.00am-4.30pm

**Parent Body:** Australian Regional and Remote Community Services

The DBMAS program provides clinical support for people caring for someone with dementia who is demonstrating behavioural and psychological symptoms of dementia (BPSD) which are impacting on their care.

The most well-known of the dementias is Alzheimer's disease.

**Aged Care Services**

**NT Transition Care Program**

**Location:** 1st Floor Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive CASUARINA

**Postal:** PO Box 40596 CASUARINA NT 0811

**Telephone:** 8922 7218 – Administration  
8922 7520 – Team Leader

**Fax:** 8922 7216

**Email:** pauline.howard@nt.gov.au  
donna.cubillo@nt.gov.au

**Hours:** Monday-Friday: 8.00am-4.21pm

**Parent Body:** Department of Health, Aged Care

Restorative program from the hospital, must have approval by ACAT whilst inpatient. For frail aged clients, for up to 12 weeks.

Focus on restoration of function and promotion of independence.

Clients must have the potential to improve and be agreeable to participate in therapy.

## **Terrace Gardens Aged Care**

**Location:** 1 Kettle Street FARRAR  
**Postal:** PO Box 53 PALMERSTON NT 0831  
**Telephone:** 8932 1005  
**Email:** [terrace.gardens@arrcs.org.au](mailto:terrace.gardens@arrcs.org.au)  
**Hours:** Office hours 9:00am – 5:00pm  
24/7 care provided  
**Parent Body:** Australian Regional and Remote Community  
Services

Terrace Gardens is a 58 bed Residential Aged Care facility located in Darwin. Private contracted services and planned activities available on site for residents.

## CHILDREN'S SERVICES

### Camp Quality

**Location:** Rapid Creek Business Village  
48 Trower Road MILLNER

**Postal:** PO Box 796 NIGHTCLIFF NT 0814

**Telephone:** 8985 4433

**Email:** [tn@campquality.org.au](mailto:tn@campquality.org.au)

**Website:** [www.campquality.org.au](http://www.campquality.org.au)

Camp Quality is a national non-profit organisation supporting children with cancer from 0-13 years and their families through their recreation, education and respite programs and services.

They also support children from 0-13 years who have a parent with cancer.

### Children's Development Team (CDT)

**Location:** Level 1 Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive CASUARINA

**Postal:** PO Box 40596 CASUARINA NT 0811

**Freecall:** 1800 139 656

**Email:** [toperintake.ths@nt.gov.au](mailto:toperintake.ths@nt.gov.au)

**Website:** [www.health.nt.gov.au](http://www.health.nt.gov.au)

**Hours:** Monday-Friday: 8.00am-4.21pm

**Parent Body:** Department of Health

The Children's Development Team is a team of allied health professionals who work with children and their families throughout the Darwin, Palmerston and rural regions.

The team comprises of speech pathologists, occupational therapists, physiotherapists, and support staff.

## **Darwin Toy Library**

**Location:** Cnr McMillans Road & Marrara Road MOIL  
**Postal:** PO Box 40719 CASUARINA NT 0811  
**Telephone:** 8927 9077  
**Email:** dtl9077@bigpond.net.au  
**Website:** [www.darwintoylibrary.org](http://www.darwintoylibrary.org)  
**Hours:** Tuesday, Thursday and Saturday:  
9.30am-12.30pm  
Wednesday: 2.30pm-6.30pm

The Darwin Toy Library has been operating since 1978 and today is one of the largest toy libraries in Australia.

Our members are able to borrow a range of toys from Fisher Price, Leggo, Little Tikes and many more supporting their children to grow and develop through fun and play.

We also have a large range of additional needs toys and a sensory room to support those families with additional needs children.

There is a play area for families to enjoy and kitchen facilities during opening hours.



Children's Services

## **Down Syndrome Association of the Northern Territory**

**Location:** Shop 16 Rapid Creek Business Centre  
Trower Road RAPID CREEK

**Postal:** PO Box 41545 CASUARINA NT 0811

**Telephone:** 8985 6222

**Email:** [admin@downsyndroment.com.au](mailto:admin@downsyndroment.com.au)

**Hours:** 8.30am-4.40pm

Information about all aspects of Down Syndrome.

Family network including school support, referrals and resources library and computer aided learning program for students with Down Syndrome.

Awareness and fundraising campaigns throughout the NT and supporting community inclusion.

## Safety House NT

**Location:** Cnr Bradshaw Terrace & Dripstone Road  
CASUARINA

**Postal:** PO Box 41500 CASUARINA NT 0811

**Telephone:** 8999 0843

**Fax:** 8999 0808

**Email:** [safetyhouse@nt.gov.au](mailto:safetyhouse@nt.gov.au)

**Website:** [www.nhwnt.org.au](http://www.nhwnt.org.au)

**Hours:** Monday-Friday: 7.00am-3.00pm

**Parent Body:** Neighbourhood Watch NT

Providing a network of easily identifiable houses and businesses for children to go to when travelling to or from school if/when:

- They are lost
- Feeling scared
- Hurt
- Feeling ill
- Being bullied, or
- Frightened by animals.

**Children's Services**

**Variety, The Children's Charity Northern Territory**

**Postal:** GPO Box 4224 DARWIN NT 0801  
**Telephone:** 8981 2544  
**Freecall:** 1300 48274389  
**Fax:** 8941 5373  
**Email:** [admin@varietynt.org.au](mailto:admin@varietynt.org.au)  
**Website:** [www.varietynt.org.au](http://www.varietynt.org.au)  
**Hours:** Monday-Friday: 9.00am-5.00pm  
**Parent Body:** Variety National

Provides financial assistance for children aged 0-18 years with a disability, illness or who are disadvantaged.

Variety NT funds equipment, resources and services to improve a child's quality of life

# COMMONWEALTH GOVERNMENT

## Veteran Affairs Network

**Location:** Winnellie Central  
14 Winnellie Road WINNELLIE

**Postal:** GPO Box 9998 DARWIN NT 0801

**Telephone:** 1300 551 918 (local call rate within the NT)

**Freecall:** 133 254

**Fax:** 8935 1489

**Email:** [generalenquiries@dva.gov.au](mailto:generalenquiries@dva.gov.au)

**Website:** [www.dva.gov.au](http://www.dva.gov.au)

**Hours:** Monday-Friday: 9.30am-4.30pm

**Parent Body:** Department of Veterans' Affairs

Service coverage – Northern Territory and Kununurra WA.

Provides information on eligibility and services available through the Department of Veterans Affairs including income support, disability compensation, rehabilitation services, health services and Commemoration to members of the veteran community, current and former members of the Australian Defence Force and their families.

## CONCESSIONS AND FINANCIAL SUPPORT

### City of Darwin Concessions

#### Australian Disability Parking Permit

<b>Location:</b>	<b>Civic Centre 17 Harry Chan Avenue DARWIN</b>
<b>Postal:</b>	<b>GPO Box 84 DARWIN NT 0801</b>
<b>Telephone:</b>	<b>8930 0607</b>
<b>Fax:</b>	<b>8930 0311</b>
<b>Email:</b>	<b>darwin@darwin.nt.gov.au</b>
<b>Website:</b>	<b>www.darwin.nt.gov.au</b>
<b>Hours:</b>	<b>Monday-Friday: 8.00am-5.00pm</b>

The City of Darwin administers the Australian Disabled Parking Permit Scheme for people with mobility limitations and in need of special parking consideration. The applicants must be assessed by a medical practitioner as mobility restricted. The scheme entitles the usage of designated parking throughout the municipality and allows extended parking in all time restricted bays and free parking on-street where Council parking meters are installed.

#### Rates and Garbage Charges

For holders of the NT Pensioner and Carer Concession Card, a concession is available on City of Darwin Council Rates and Charges. This concession is approved and provided by the Northern Territory Department of Health, NT Pensioner and Carer Concession Scheme. To be eligible for the concession, the member must be the legal owner/part owner of the property, occupy the property and must have declared the property as their principal place of residence. The concession is:

<b>Rates:</b>	62.5% of the annual general rates charge up to a maximum of \$200 in one Rating Year.
<b>Garbage:</b>	A flat annual concession of \$46.25 applies if a garbage collection is provided by Council.

## **NT Pensioner & Carer Concession Scheme**

**Location:** Office of Disability  
2B2 Cascom Centre  
17 Scaturchio Street CASUARINA

**Postal:** PO Box 40596 CASUARINA NT 0811

**Freecall:** 1800 777 704

**Fax:** 8922 7394

**Email:** [pensionconcessionunit@nt.gov.au](mailto:pensionconcessionunit@nt.gov.au)

**Website:** [www.health.nt.gov.au](http://www.health.nt.gov.au)

**Hours:** Monday-Friday: 8.30am-4.00pm

**Parent Body:** Department of Health, Funding, Performance  
and Corporate Service Division

The NT Pensioner and Carer Concession Scheme (NTPCCS) provides financial subsidies to eligible members of the scheme for electricity, water, sewerage, council rates, garbage rates, spectacles, travel, motor vehicle registration, drivers licence renewals and urban public bus travel.

## Concessions and Financial Support

### NT Seniors Card

**Location:** 2B2 Cascom Centre 2B  
17 Scaturchio Street CASUARINA

**Postal:** PO Box 40596 CASUARINA NT 0811

**Freecall:** 1800 441 489

**Fax:** 8945 9251

**Email:** [seniorscard@nt.gov.au](mailto:seniorscard@nt.gov.au)

**Website:** [www.seniorscard.nt.gov.au](http://www.seniorscard.nt.gov.au)

**Hours:** Monday-Friday: 8.30am-4.00pm

**Parent Body:** Department of Health

NT Seniors Card is part of an Australia-wide initiative jointly supported by the Northern Territory Government and private enterprise.

The scheme recognises the valuable contribution of older people to their local community and the Territory as a whole.

The Seniors Card is issued free and provides access to savings on a range of goods and services provided by participating businesses.

Eligible members: a person who is 60 years of age or over and a permanent resident of the Northern Territory.

## **COUNSELLING SERVICES**

### **Amity Community Services Inc – Information, Education and Counselling Services**

**Location:** 155 Stuart Highway PARAP  
**Postal:** GPO Box 3628 DARWI NT 0801  
**Telephone:** 8944 6565  
**Freecall:** 1800 684 372  
**Fax:** 8981 8456  
**Email:** [habitwise@amity.org.au](mailto:habitwise@amity.org.au)  
**Website:** [www.amity.org.au](http://www.amity.org.au)  
**Hours:** 8.30am-4.30pm

Amity provides confidential counselling, information, support and education in the areas of alcohol use; tobacco use; other drug use; gambling; stress management; anger management; assertion and communication skills.

Amity offers phone or email counselling service to residents living outside the Darwin and Palmerston regions.



## **Counselling Services**

### **CatholicCare NT**

**Location:** 17 Hidden Valley Road BERRIMAH  
**Postal:** PO Box 132 BERRIMAH NT 0828  
**Telephone:** 8944 2000  
**Fax:** 8947 4222  
**Email:** [darwin@catholiccarent.org.au](mailto:darwin@catholiccarent.org.au)  
**Website:** [www.catholiccarent.org.au](http://www.catholiccarent.org.au)  
**Hours:** Monday-Friday: 8.30am-5.00pm

CatholicCare NT is a not-for-profit organization, providing counselling services and programs to individuals, couples, families, children groups, schools and agencies across the Northern Territory.

### **Lifeline Top End**

**Location:** 9/66 Coonawarra Road WINNELLIE  
**Postal:** PO Box 37511 WINNELLIENT 0821  
**Telephone:** 8935 6400  
**Freecall:** Crisis Support 13 11 14  
**Email:** [admin@lifelinetopend.org.au](mailto:admin@lifelinetopend.org.au)  
**Website:** [www.lifeline.org.au/topend](http://www.lifeline.org.au/topend)  
**Hours:** Monday-Friday: 9.00am-5.00pm  
**Parent Body:** Lifeline Australia

As well as our core business of training volunteer telephone crisis supporters for our national 24/7 crisis line, Lifeline Top End provides a range of services including: face-to-face counselling, building community resilience, a retail shop and a variety of training courses.

## **Relationships Australia NT Darwin Counselling Service**

**Location:** 2nd Floor Cavenagh Centre  
43 Cavenagh Street DARWIN

**Postal:** GPO Box 4193 DARWIN NT 0801

**Telephone:** 8923 4999

**Freecall:** 1300 364 277 (Darwin local phone call)

**Fax:** 8981 6190

**Email:** [info@ra-nt.org.au](mailto:info@ra-nt.org.au)

**Website:** [www.nt.relationships.com.au](http://www.nt.relationships.com.au)

**Hours:** Mon, Tues, Wed, Fri: 8.30am-5.00pm  
Thursday: 8.30am-7.30pm

Counselling services for individuals, couples and families.

## Counselling Services

### **Ruby Gaea Sexual Assault Counselling and Education**

**Location:** Confidential  
**Postal:** PO Box 42082 CASUARINA NT 0811  
**Telephone:** 8945 0155  
**Fax:** 8945 2783  
**Email:** [info@rubygaea.net.au](mailto:info@rubygaea.net.au)  
**Website:** [www.rubygaea.net.au](http://www.rubygaea.net.au)  
**Hours:** Monday-Friday: 8.30am-5.00pm  
**Parent Body:** Ruby Gaea Darwin Centre Against Rape Inc

Ruby Gaea provides specialised, safe, free and confidential counselling to women and children who have experienced sexual assault at any time in their lives.

Ruby Gaea also provides specialist education and training in raising awareness around the issue of sexual assault within the wider community, including government and non-government sectors and other organisations including schools.

## **Sexual Assault Referral Centre (SARC) Darwin**

**Location:** Casuarina Health Services Centre  
9 Scaturchio Street CASUARINA

**Postal:** PO Box 40596 CASUARINA NT 0811

**Telephone:** 8922 6472

**Fax:** 8922 6499

**Email:** [sarc.ths@nt.gov.au](mailto:sarc.ths@nt.gov.au)

**Hours:** Counselling - Monday-Friday: 8.00am-4.21pm  
Acute medical response for sexual assaults  
24/7

**Parent Body:** Department of Health

SARC provide medical and counselling services to victims of sexual assault. Services are free of charge and include 24 hour medical/forensic examinations for acute sexual assault victims. Counselling services are available during business hours.

## Counselling Services

### **SIDS and Kids Northern Territory**

**Location:** Shop 19 Rapid Creek Business Village  
Trower Road RAPID CREEK

**Postal:** PO Box 188 NIGHCLIFF NT 0814

**Telephone:** 8948 5311 (office)  
0448 849 234 (24 hour bereavement line)

**Freecall:** 1300 308 307

**Fax:** 8948 5244

**Email:** [darwin@sidsandkids.org](mailto:darwin@sidsandkids.org)

**Website:** [www.sidsandkids.org/offices/northernterritory](http://www.sidsandkids.org/offices/northernterritory)

**Hours:** 24 hour bereavement line

**Parent Body:** SIDS and Kids Australia

Provides Safe Sleeping education and advice to parents, grandparents, carers and health and child care professionals.

Provides 24 hour counselling support for anyone affected by the death of a child (conception to 18 years of age) regardless of cause of death.

## **Somerville Family Services**

**Location:** 147 Lee Point Road CASUARINA  
**Postal:** PO Box 42644 CASUARINA NT 0811  
**Telephone:** 8920 4100 – Casuarina  
8935 1500 – Palmerston  
**Fax:** 8920 4101 – Casuarina  
8935 1501 – Palmerston  
**Email:** [scs@somerville.org.au](mailto:scs@somerville.org.au)  
**Website:** [www.somerville.org.au](http://www.somerville.org.au)  
**Hours:** Monday-Friday: 8.00am-4.30pm  
**Parent Body:** Somerville Community Services

Counselling, practical, emotional and educative support for families and individuals.

Group work to support skill development in areas such as self-care, anxiety, community skills.

Supported accommodation: provides transitional accommodation for homeless families.

## **DRIVER EDUCATION**

### **Driver Rehabilitation**

**Location:** Driver and home visits  
**Postal:** PO Box 912 PALMERSTON NT 0831  
**Telephone:** 8932 1626  
**Hours:** 7 days a week

Home visiting service to assist people to return to driving safely.

## **EDUCATION**

### **Adult Migrant English Program**

**Location:** Charles Darwin University: Casuarina,  
Palmerston, Alice Springs

**Postal:** AMEP  
Orange 4  
Casuarina Campus  
Ellengowan Drive DARWIN NT 0909

**Telephone:** 8946 6578

**Freecall:** 1800 019 119

**Fax:** 8946 7055

**Email:** [migrantesl@cdu.edu.au](mailto:migrantesl@cdu.edu.au)

**Website:** [www.cdu.edu.au/cdu-vet/business-improvement/amep](http://www.cdu.edu.au/cdu-vet/business-improvement/amep)

**Hours:** During school terms

**Parent Body:** AMEP

The Adult Migrant English Program (AMEP) provides English courses in Darwin, Palmerston and regional areas of the Northern Territory.



## Education

### Community Pathways Program

**Location:** RAPID CREEK and DRIVER  
**Postal:** Shop 11 Rapid Creek Business Centre  
RAPID CREEK NT 0810  
**Telephone:** 8948 2185 Rapid Creek  
8931 3006 Driver  
0427 592 428 mobile  
**Email:** [dannielle.kruse@lwb.org.au](mailto:dannielle.kruse@lwb.org.au)  
**Hours:** 9.00am-3.00pm  
**Parent Body:** Life Without Barriers

The Community Pathways Program offers day services to people with a disability.

The CPP offers 2 programs:

“My Skills Pathway” which supports young adults leaving school and 16-24 year olds with a profound disability. The program offers skills development in personal, social, living & vocational.

“My Life Program” maintains and develops life skills and increase independence.

## First Aid Training

**Location:** St John Ambulance Casuarina, Palmerston, Katherine, Tennant Creek, Alice Springs, Nhulunbuy.

**Postal:** PO Box 40221 CASUARINA NT 0811

**Telephone:** Darwin 8922 6221 or 8922 6228  
Alice Springs 8959 6640

**Freecall:** 1300 360 455

**Fax:** 8922 6226

**Email:** [training@stjohnnt.asn.au](mailto:training@stjohnnt.asn.au)

**Website:** [www.stjohnnt.org.au](http://www.stjohnnt.org.au)

**Hours:** Monday-Friday 8.00am-4.30pm

**Parent Body:** St John Ambulance Australia NT Inc

Nationally accredited first aid courses offered with the most sought after program, Provide First Aid, available in a 2 day face-to-face or 1 day flexible learning format.

Fee discounts available to eligible pension or concession card holders.

## Henbury School

**Location:** 4 Henbury Avenue WANGURI

**Postal:** 4 Henbury Avenue WANGURI NT 0810

**Telephone:** 8927 5088

**Fax:** 8927 3367

**Email:** [henbury.admin@ntschoools.net](mailto:henbury.admin@ntschoools.net)

**Website:** [www.henburyschool.org.au](http://www.henburyschool.org.au)

Henbury School is a special needs school for students with a disability.

## Education

### Nemarluk School

**Location:** 30 Styles Street ALAWA  
**Postal:** PO Box 39729 WINNELLIE NT 0821  
**Telephone:** 8985 0400  
**Fax:** 89850499  
**Email:** admin.nemarluk@ntschoools.net  
**Website:** www.nemarlukschool.com.au  
**Hours:** Monday to Friday 8.00am-4.00pm  
**Parent Body:** Nemarluk School Council Incorporated  
Department of Education

Nemarluk School is a specialist school for preschool and primary school students who have an intellectual disability and complex learning needs. There are criteria for enrolment in this school. Contact the Principal, Lorraine Hodgson.

There is an Out of School Hours Care and Vacation Care program attached to Nemarluk School.

### Northern Territory Field Naturalists Club

**Location:** DARWIN  
**Telephone:** 0417 659 755  
**Email:** info.fieldnatsnt@gmail.com  
**Website:** <https://sites.google.com/site/ntfieldnaturalists/home/>

Discover and learn about the fascinating wildlife and plants of the Darwin and Top End region.

Monthly guest speakers and guided field trips to explore unique habitats.

Perfect for learning about birds, wildflowers plus other wonderful creatures large and small.

## EMPLOYMENT

### **Ausdesigns™**

**Location:** 46 Toupein Road PALMERSTON  
**Postal:** PO Box 37746 WINNELLIE NT 0821  
**Telephone:** 8932 5184  
**Fax:** 8931 2781  
**Email:** [ausdesigns@hpa.net.au](mailto:ausdesigns@hpa.net.au)  
**Website:** [www.ausdesigns.com.au](http://www.ausdesigns.com.au)  
**Hours:** Monday-Friday: 8.00am-4.00pm  
**Parent Body:** HPA Disability Services

Supported employment and training options for people with disabilities.

Manufacturers of a range of Aboriginal print fabric bags, conference satchels and souvenirs. Screen printing and digital printing available.

Range of corporate wear, work wear, school uniforms, t-shirts and polo shirts available.

The showroom is open to the public.

## Employment

### **Kokoda Industries**

**Location:** 22 Albatross Street WINNELLIE  
**Postal:** PO Box 37746 WINNELLIE NT 0821  
**Telephone:** 8947 0681  
**Fax:** 8984 4586  
**Email:** [admin@hpa.net.au](mailto:admin@hpa.net.au)  
**Website:** [www.kokoda-industries.com.au](http://www.kokoda-industries.com.au)  
**Hours:** Monday-Friday: 8.00am-4.00pm  
**Parent Body:** HPA Disability Services

Supported employment and training options for people with disabilities.

Manufacturers of a range of parkland furniture and grandstand seating, pallets, lattice, survey/garden stakes, garden edging and custom made crates. Open to the public.

## **NT Working Women's Centre**

**Location:** 1/98 Woods Street DARWIN  
**Postal:** GPO Box 403 DARWIN NT 0801  
**Telephone:** 8981 0655  
**Freecall:** 1800 817 055  
**Fax:** 8981 0433  
**Email:** [admin@ntwwc.com.au](mailto:admin@ntwwc.com.au)  
**Website:** [www.ntwwc.com.au](http://www.ntwwc.com.au)  
**Hours:** Monday-Friday: 8.30am-4.30pm

The NTWWC provides information, advice, support and assistance to NT women about work related problems such as: unfair dismissal, discrimination, sexual harassment, workplace bullying, employment conditions and workplace health and safety.

Services are targeted to disadvantaged women workers and are free and confidential.

## **FINANCIAL SUPPORT SERVICES**

### **Credit and Debt Legal Service**

**Location:** 8 Manton Street DARWIN  
**Postal:** GPO Box 3180 DARWIN NT 0801  
**Telephone:** 8982 1111  
**Freecall:** 1800 812 953  
**Fax:** 8982 1112  
**Email:** [info@dcls.org.au](mailto:info@dcls.org.au)  
**Website:** [www.dcls.org.au](http://www.dcls.org.au)  
**Hours:** Monday-Friday: 9.00am-5.00pm  
**Parent Body:** Darwin Community Legal Service

The service provides credit and debt advice to anyone having problems with:

- Debt recovery;
- Loans and credit cards;
- Bankruptcy;
- Mortgages and repossession; and
- Any other legal problem or dispute arising in relation to finances.

## **Somerville Financial Services**

**Location:** 147 Lee Point Road WAGAMAN  
**Postal:** PO Box 42644 CASUARINA NT 0811  
**Telephone:** 1800 007 007  
**Fax:** 8920 4101  
**Email:** [scs@somerville.org.au](mailto:scs@somerville.org.au)  
**Website:** [www.somerville.org.au](http://www.somerville.org.au)  
**Hours:** Monday-Friday: 8.00am-4.30pm  
**Parent Body:** Somerville Community Services

Our team of Financial Counsellors and Money Management Workers and No Interest Loans Coordinator, provide a range of free financial services. We work with people of all ages and assist anyone who is experiencing a financial crisis or problem in their life.



## HEALTH SERVICES

### Adult Allied Health Team (AAHT)

<b>Location:</b>	<b>2B2 CasCom Centre 17 Scaturchio Street CASUARINA</b>
<b>Postal:</b>	<b>PO Box 40596 CASUARINA NT 0811</b>
<b>Freecall:</b>	<b>1800 139 656</b>
<b>Email:</b>	<b><a href="mailto:topenintake.ths@nt.gov.au">topenintake.ths@nt.gov.au</a></b>
<b>Website:</b>	<b><a href="http://www.health.nt.gov.au">www.health.nt.gov.au</a></b>
<b>Hours:</b>	<b>Monday-Friday: 8.00am-4.21pm</b>
<b>Parent Body:</b>	<b>Department of Health</b>

The Adult Allied Health Team (AAHT) is a team of allied health professionals who work with adults and their families throughout the Darwin, Palmerston and rural regions. The team comprises of speech pathologists, occupational therapists, physiotherapists and support staff.

## **Alcoholics Anonymous**

<b>Location:</b>	<b>Office 5A Nightcliff Community Centre Bauhinia Street NIGHTCLIFF</b>
<b>Postal:</b>	<b>PO Box 40760 CASUARINA NT 0811</b>
<b>Telephone:</b>	<b>8948 5202</b>
<b>Freecall:</b>	<b>1300 222 222 (cost of a local call)</b>
<b>Email:</b>	<b>aa.darwin@bigpond.com</b>
<b>Website:</b>	<b>www.aa.org.au</b>
<b>Hours:</b>	<b>Monday-Friday: 11.00am-2.00pm (24 hour phone contact)</b>
<b>Parent Body:</b>	<b>General Service Board of Alcoholics Anonymous</b>

Fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

A Recovery Program and Support is also offered and the primary purpose is to stay sober and help other alcoholics to achieve sobriety.

**Health Services**

**Alzheimer's Australia NT Inc**

**Location:** 3/18 Bauhinia Street NIGHTCLIFF  
**Postal:** PO Box 515 NIGHTCLIFF NT 0814  
**Telephone:** 8948 5228  
**Freecall:** 1800 100 500  
**Fax:** 8948 5229  
**Email:** [nt.admin.d@alzheimers.org.au](mailto:nt.admin.d@alzheimers.org.au)  
**Website:** [www.fightdementia.org.au](http://www.fightdementia.org.au)  
**Hours:** 8.30am-4.30pm  
**Parent Body:** Alzheimer's Australia

Alzheimer's Australia NT is the peak body for dementia services in the NT and provides support and education for people with dementia, their families and carers, health care professionals and the general public.

Alzheimer's Australia NT conducts regular risk reduction programs.

## **Arthritis & Osteoporosis NT (AONT)**

**Location:** Shop 18 Rapid Creek Business Village  
48 Trower Road MILLNER

**Postal:** PO Box 452 NIGHTCLIFF NT 0814

**Telephone:** 8948 5232

**Freecall:** 1800 011 041

**Fax:** 8948 5234

**Email:** [info@aont.org.au](mailto:info@aont.org.au)

**Website:** [www.aont.org.au](http://www.aont.org.au)

**Hours:** Monday-Thursday: 9.30am-2.00pm

**Parent Body:** The Arthritis Foundation of the Northern Territory  
Inc

To provide information and support for people affected by arthritis and osteoporosis and/or related conditions:

- Information sheets, booklets, brochures and newsletters
- Presentations and information stands at invitation
- Self-management courses
- Members' support groups.

Telephone and walk in enquiries welcome.

## Health Services

### **Asthma Foundation NT**

**Location:** 14/16 Charlton Court WOOLNER  
**Postal:** PO Box 39962 WINNELLIE NT 0821  
**Telephone:** 8981 6066  
**Freecall:** 1800 asthma (1800 278 642)  
**Fax:** 8981 9066  
**Email:** [asthmant@asthmant.org.au](mailto:asthmant@asthmant.org.au)  
**Website:** [www.asthmaaustralia.org.au](http://www.asthmaaustralia.org.au)  
**Hours:** Monday-Friday: 9.00am-5.00pm

The Asthma Foundation NT is a not for profit organisation which provides asthma education and support to people with asthma and related respiratory conditions.

### **BreastScreenNT**

**Location:** Level 1 Casuarina Health Services  
9 Scaturchio Street CASUARINA  
**Postal:** PO Box 40596 CASUARINA NT 0811  
**Telephone:** 8922 6449  
**Freecall:** 132 050  
**Fax:** 8922 6455  
**Website:** [www.cancerscreening.gov.au/](http://www.cancerscreening.gov.au/)  
**Hours:** Monday-Friday: 8.00am-4.00pm  
**Parent Body:** Cancer Screening Services NT

BreastScreen Australia aims to reduce illness and health from breast cancer by actively recruiting and screening women aged 50-74 for early detection of the disease.

Contact 135020 to make an appointment for your free 2 yearly Mammogram.

## **Coeliac Disease Support Group**

**Location:** 29 Dalwood Crescent MALAK  
**Postal:** 29 Dalwood Crescent MALAK NT 0812  
**Telephone:** 8927 4310  
**Fax:** 8922 8310  
**Email:** [wverus@bigpond.net.au](mailto:wverus@bigpond.net.au)  
**Hours:** 5.30pm-9.00pm  
**Parent Body:** Coeliac Australia

Provides advice to people diagnosed with Coeliac Disease and gluten intolerance.

Also provides free gluten-free supermarket tours.

## **Executive Office of Adult Guardianship**

**Location:** Level 1 Health House  
87 Mitchell Street DARWIN  
**Postal:** PO Box 40596 CASUARINA NT 0811  
**Telephone:** 8922 7343  
**Fax:** 8922 7304  
**Email:** [adultguardianship.doh@nt.gov.au](mailto:adultguardianship.doh@nt.gov.au)  
**Website:** [www.health.nt.gov.au](http://www.health.nt.gov.au)  
**Hours:** Monday-Friday 8.00am-4.21pm  
**Parent Body:** Department of Health

Investigate and assess applications for the appointment of an Adult Guardianship gives someone the legal responsibility to make decisions for someone else, over the age of 18, who is unable to make reasonable judgments or decisions about their daily living because of an intellectual disability.

**Health Services**

**Family Planning Welfare Association NT**

**Location:** Unit 2 The Clock Tower  
Dick Ward Drive COCONUT GROVE

**Postal:** PO Box 503 NIGHTCLIFF NT 0814

**Telephone:** 8948 0144  
8948 0326

**Fax:** 8948 0626

**Email:** [admin@fpwnt.com.au](mailto:admin@fpwnt.com.au)

**Website:** [www.fpwnt.com.au](http://www.fpwnt.com.au)

**Hours:** Monday-Friday: 9.00am-4.00pm

FPWNT offers clients safe and confidential clinics on sexual and reproductive health services, education and information.

Doctors and nurses are specialized in contraception, pregnancy options, Well Women's Health Screening and general sexual health issues.

## **Golden Glow Nursing**

**Location:** Office 1/7 Gsell Street WANGURI  
**Postal:** PO Box 40947 CASUARINA NT 0811  
**Telephone:** 8927 2756  
**Fax:** 8927 3232  
**Email:** [info@goldenglownursing.com.au](mailto:info@goldenglownursing.com.au)  
**Website:** [www.goldenglownursing.com.au](http://www.goldenglownursing.com.au)  
**Hours:** 8.00am – 7.00pm others hours by negotiation

Services include:

- Nursing care in the home.
- Aged care and support in the home.
- Disability care and support in group house, as well as in clients' own homes.
- Mental health supported accommodation.



## Health Services

### **Healthy Living NT Diabetes Australia of the NT Inc**

**Location:** Shop 1 and 2  
Tiwi Place TIWI

**Postal:** PO Box 40113 CASUARINA NT 0811

**Telephone:** 8927 8488

**Fax:** 8927 8515

**Email:** [info@healthylivingnt.org.au](mailto:info@healthylivingnt.org.au)

**Website:** [www.healthylivingnt.org.au](http://www.healthylivingnt.org.au)

**Hours:** Monday-Friday: 8.00am-4.00pm

Healthy Living NT is an education centre which provides clients with education on diabetes, nutrition, cardiac health as well as cardiac rehab classes.

Healthy Living NT is the Northern Territory agent for the National Diabetes Services Scheme.

## **MS - Peer Support Group**

**Location:** Various  
**Freecall:** 1800 812 311  
**Email:** [assist@ms.asn.au](mailto:assist@ms.asn.au)  
**Website:** [www.ms.asn.au](http://www.ms.asn.au)  
**Hours:** 9.00am-5.00pm  
**Parent Body:** MS Society SA & NT

This support group is for people with MS in Darwin and surrounding areas.

## **National Bowel Cancer Screening Program NT Register**

**Location:** Level 1 Casuarina Health Services  
9 Scaturchio Street CASUARINA  
**Postal:** PO Box 40596 CASUARINA NT 0811  
**Telephone:** 8922 6407  
**Freecall:** 1800 118 868 - Hotline  
**Website:** [www.cancerscreening.gov.au/](http://www.cancerscreening.gov.au/)  
**Hours:** 8.00am-4.00pm  
**Parent Body:** Cancer Screening Services NT

The National Bowel Cancer Screening Program aims to reduce illness and death from bowel cancer by offering people over the age of 50 a free screening test to complete in the privacy of their own home.

## Health Services

### NT Cervical Screening Program and NT Pap Smear Register

**Location:** Level 1 Casuarina Health Services  
9 Scaturchio Street CASUARINA

**Postal:** PO Box 40596 CASUARINA NT 0811

**Telephone:** 8922 6454

**Freecall:** 131 556

**Fax:** 8922 6455

**Email:** [ntpapsmearregister.ths@nt.gov.au](mailto:ntpapsmearregister.ths@nt.gov.au)

**Website:** [www.cancerscreening.gov.au/](http://www.cancerscreening.gov.au/)

**Parent Body:** Cancer Screening Services NT

The register records your confidential pap smear results and sends a reminder letter if you are overdue for your next pap smear.

Prevent 90% of cervical cancer by having regular pap smears with your Doctor, Nurse or Aboriginal Health Worker.

### Royal Darwin Hospital

**Location:** Rocklands Drive TIWI

**Postal:** PO Box 41326 CASUARINA NT 0811

**Telephone:** 8922 8888

**Website:** [www.health.nt.gov.au/Hospitals/Royal\\_Darwin\\_Hospital](http://www.health.nt.gov.au/Hospitals/Royal_Darwin_Hospital)

**Hours:** 24 hours

**Parent Body** Department of Health

Royal Darwin Hospital provides acute hospital care, a casualty department for emergencies and general and specialist outpatient clinics.

## **VK Care Services Nursing and Allied Health Agency**

**Telephone:** 0403 254 551  
0423 359 989

**Email:** kemvon@yahoo.com.au

**Website:** [www.vkcareservices.com.au](http://www.vkcareservices.com.au)

**Hours:** 24 hours per day, 7 days a week

This service has been set up to provide a flexible work force as and when required in order to provide staff to cover vacancies, temporary absences, sickness and maternity leave.

The service also aims to provide individual nursing care and companionship to clients in their respective homes.

## INFORMATION & REFERRAL SERVICES

### Anti-Discrimination Commission

**Location:** Level 7  
9-11 Cavenagh Street DARWIN

**Postal:** LMB 22 DARWIN NT 0801

**Telephone:** 8981 3812

**Freecall:** 1800 813 846

**Fax:** 8981 3812

**Email:** [antidiscrimination@nt.gov.au](mailto:antidiscrimination@nt.gov.au)

**Website:** [www.adc.nt.gov.au](http://www.adc.nt.gov.au)

**Hours:** Monday-Friday: 8.00am-4.21pm

Formal mechanism for members of the community to lodge formal complaints regarding discrimination they believe they have experienced. This is a free and confidential service. There are three areas of service including:

1. Complaints
2. Public education / training
3. The Community Visitor Program.

## **Deaf NT**

**Location:** Shop 14b Casuarina Plaza  
258 Trower Road CASUARINA

**Postal:** PO Box 40596 CASUARINA NT 0811

**Telephone:** 8945 2016 or  
0429 452 016

**Freecall:** 1800 645 916

**Email:** [info@deafnt.org.au](mailto:info@deafnt.org.au)

**Website:** [www.deafchildrenaustralia.org.au](http://www.deafchildrenaustralia.org.au)

**Hours:** Monday-Wednesday: 10.00am-5.00pm  
or call for an appointment

**Parent Body:** Deaf Children Australia

DeafNT as a part of deaf Children Australia provides advocacy, information and referral to deaf and hard of hearing people of any age.

We respond to individual needs regardless of the degree of hearing loss, communicate on methods, personal circumstances or additional disabilities.

Our purpose is to remove barriers to personal development and social inclusion faced by those who are deaf or hard of hearing. DeafNT also facilitates a Parents of Deaf Group, provides social media opportunities for deaf community communication and social interaction and provides deaf awareness training to community and professional organisations.

## Information & Referral Services

### Office of Disability

**Location:** 2B2 Cascom Centre  
17 Scaturchio Street CASUARINA

**Postal:** PO Box 40596 CASUARINA NT 0811

**Freecall:** 1800 139 656

**Email:** [topendintake.ths@nt.gov.au](mailto:topendintake.ths@nt.gov.au)

**Website:** [www.healthy.nt.gov.au](http://www.healthy.nt.gov.au)

**Hours:** 8.00am-4.21pm

**Parent Body:** Department of Health

The Office of Disability provides support to Territorians with disabilities, children with developmental concerns, people who are aging, families and carers, through centralised access and referrals to specialists Office of Disability services.

Located at Office of Disability are NT Companion Card Scheme, NT Pensioner and Carer Concession Scheme, NT Pensioner and Carer Concession Scheme and NT Seniors Card Scheme.

### Tourism Top End

**Location:** 6 Bennett Street DARWIN

**Postal:** GPO Box 4392 DARWIN NT 0801

**Telephone:** 8980 6000

**Freecall:** 1300 138 886

**Fax:** 8981 0653

**Email:** [info@tourismtopend.com.au](mailto:info@tourismtopend.com.au)

**Website:** [www.tourismtopend.com.au](http://www.tourismtopend.com.au)

**Hours:** Monday-Friday: 8.30am-5.00pm  
Saturday-Sunday: 9.00am-3.00pm

Tourism Top End can provide details of those service providers offering accommodation and tours that cater for seniors and disabled persons.

Contact Tourism Top End for details that can cater to your needs.

## **INTERPRETING SERVICES**

### **Interpreting & Translating Service NT (ITSNT)**

**Location:** Ground Floor RCG House  
83-85 Smith Street DARWIN

**Postal:** GPO Box 2850 DARWIN NT 0801

**Telephone:** 8999 8506

**Freecall:** 1800 676 254

**Fax:** 8999 8475

**Email:** [itsnt@nt.gov.au](mailto:itsnt@nt.gov.au)

**Website:** [www.itsnt.nt.gov.au](http://www.itsnt.nt.gov.au)

**Hours:** Monday-Friday: 8.30am-4.00pm

**Parent Body:** Department of Local Government & Community Services, NT Government

- On-site interpreting service;
- Translation service;
- Fee free interpreting services to NT Government agencies and non-government community organisations dealing with people from non-English speaking backgrounds.



## Interpreting Services

### **National Auslan Interpreter Booking and Payment Service (NABS)**

**Location:** Level 1 RCG House  
Smith Street DARWIN

**Postal:** GPO Box 2803 DARWIN NT 0801

**Freecall:** 1800 246 945

**Fax:** 1800 246 914

**Email:** [e.temple@nabs.org.au](mailto:e.temple@nabs.org.au)

**Website:** [www.nabs.org.au](http://www.nabs.org.au)

**Hours:** Monday-Friday: 8.00am-8.00pm  
Saturday: 8.00am-1.00pm  
**Interpreter hours: flexible / as required**

NABS provides sign language interpreters for people who are deaf or hard of hearing and use signing as their primary language.

The service is provided throughout the NT for a variety of clients with a range of community needs.

## National Relay Service

**Location:** 251 Morphett Street ADELAIDE  
**Postal:** Level 2, 10 Mallett Street  
CAMPERDOWN NSW 2050  
**Freecall:** 1800 555 660  
**Fax:** 1800 555 690  
**Email:** [helpdesk@relayservice.com.au](mailto:helpdesk@relayservice.com.au)  
**Website:** [www.relayservice.com.au](http://www.relayservice.com.au)  
**Hours:** 8.00am-6.00pm (EST)

The National Relay Service (NRS) is a national phone service for people who are deaf or have a hearing or speech impairment.

It is available to everyone at no additional charge and to anyone who wants to call them.

## **LEGAL**

### **Darwin Community Legal Service**

**Location:** 8 Manton Street DARWIN (cnr McMinn Street)  
**Postal:** GPO Box 3180 DARWIN NT 0801  
**Telephone:** 8982 1111  
**Freecall:** 1800 812 953  
**Fax:** 8982 1112  
**Email:** [info@dcls.org.au](mailto:info@dcls.org.au)  
**Website:** [www.dcls.org.au](http://www.dcls.org.au)  
**Hours:** Monday to Friday: 9.00am-5.00pm

Darwin Community Legal Service provides a range of free services as follows:

- Aged and disability advocacy
- Credit and debt legal service
- Disability discrimination
- Legal advice sessions at Darwin, Casuarina and Palmerston
- Homelessness legal service
- Welfare rights
- Tenants' advice service.

## Legal Aid Helpline

**Postal:** Locked Bag 11 DARWIN NT 0801  
**Freecall:** 1800 019 343  
**Email:** [info@ntlac.nt.gov.au](mailto:info@ntlac.nt.gov.au)  
**Website:** [www.ntlac.nt.gov.au](http://www.ntlac.nt.gov.au)  
**Hours:** 8.00am-4.30pm  
**Parent Body** NT Legal Aid Commission

Your first step towards a solution.

Call the legal aid helpline for information, referral to other helpful services and appointments for free legal advice.

## Public Trustee for the Northern Territory – Will Service

**Location:** Zone B Level 2 Nichols Place  
Cnr Cavenagh & Bennett Streets DARWIN  
**Postal:** GPO Box 470 DARWIN NT 0801  
**Telephone:** 8999 7271  
**Fax:** 8999 7882  
**Email:** [agd.publictrustee@nt.gov.au](mailto:agd.publictrustee@nt.gov.au)  
**Website:** [www.nt.gov.au/justice/pubtrust](http://www.nt.gov.au/justice/pubtrust)  
**Hours:** Monday-Friday: 8.30am-4.00pm

Provides inexpensive will service to concession card holders at a cost of \$23.00 per will (fees as at 1 July 2014 and subject to change).

## Legal

### Tenants' Advice Service

**Location:** 8 Manton Street DARWIN  
**Postal:** GPO Box 3180 DARWIN NT 0801  
**Telephone:** 8982 1111  
**Freecall:** 1800 812 953  
**Fax:** 8982 1112  
**Email:** [tenants@dcls.org.au](mailto:tenants@dcls.org.au)  
**Website:** [www.dcls.org.au](http://www.dcls.org.au)  
**Hours:** Monday to Friday: 9.00am-5.00pm  
**Parent Body:** Darwin Community Legal Service Inc

Free advice and advocacy service to residential tenants with regard to their rights and responsibilities in residential tenancies.

### Welfare Rights Service

**Location:** Darwin Community Legal Service  
8 Manton Street DARWIN  
**Postal:** GPO Box 3180 DARWIN NT 0801  
**Telephone:** 8982 1111  
**Freecall:** 1800 812 953  
**Fax:** 8982 1112  
**Email:** [info@dcls.org.au](mailto:info@dcls.org.au)  
**Website:** [www.dcls.org.au](http://www.dcls.org.au)  
**Hours:** By appointment Monday to Friday:  
9.00am-5.00pm  
**Parent Body:** National Welfare Rights Network

Assistance with Centrelink issues including debts, asset assessment and eligibility.

Free legal advice on any Centrelink matters and appointments available in person or by telephone.

## MENTAL HEALTH

### Grow NT

**Location:** Unit 3/93 Mitchell Street DARWIN  
**Postal:** GPO Box 1291 DARWIN NT 0801  
**Telephone:** 8981 1210  
**Freecall:** 1800 558 268  
**Fax:** 8981 5160  
**Email:** [nt@grow.net.au](mailto:nt@grow.net.au)  
**Website:** [www.grow.net.au](http://www.grow.net.au)  
**Hours:** Monday-Friday: 9.00am-3.30pm  
**Parent Body:** Grow

Grow is a community based organisation that has helped thousands of Australians recover from mental illness through a unique program of mutual support and personal development.

Grow is suitable for anyone who wants to improve and maintain their emotional and mental wellbeing. Groups generally meet weekly.

## **Mental Health**

### **Mental Health Support**

**Location:** 2/273 Bagot Road COCONUT GROVE  
**Postal:** PO Box 40556 CASUARINA NT 0811  
**Telephone:** 8948 1051  
**Freecall:** 1800 985 944  
**Fax:** 8948 2473  
**Email:** [admin@mifant.org.au](mailto:admin@mifant.org.au)  
**Website:** [www.mifant.org.au](http://www.mifant.org.au)  
**Hours:** Monday-Friday: 8.30am-4.30pm  
**Parent Body** Mental health Fellowship of Australia (NT)

Mental health Fellowship of Australia (NT) MIFANT is a non-government organisation providing support, advocacy, information, referrals, respite and education for carers, family, friends and people affected by mental illness.

## **TEAMhealth – Top End Association for Mental Health Inc**

**Location:** Level 5  
62 Cavenagh Street DARWIN

**Postal:** GPO Box 4050 DARWIN NT 0801

**Telephone:** 8943 9600  
1300 780 081 – cost of a local call

**Fax:** 8943 9601

**Email:** [teamhealth@teamhealth.asn.au](mailto:teamhealth@teamhealth.asn.au)

**Website:** [www.teamhealth.asn.au](http://www.teamhealth.asn.au)

**Hours:** Various hours Monday-Friday  
Residential support 24 hours 7 days a week

TEAMhealth's services are provided within a model of recovery, focused on psychosocial rehabilitation and within the framework of the National Mental Health Plan and Standards.

TEAMhealth also provides Home Care Packages (HCP) in the Darwin and Palmerston region.

## **Top End Mental Health Service**

**Location:** PARAP

**Postal:** PO Box 140 PARAP NT 0804

**Telephone:** 8999 4988

**Fax:** 8999 4999

**Website:** [www.health.nt.gov.au](http://www.health.nt.gov.au)

**Hours:** Monday-Friday: 8.00am-4.30pm

**Parent Body:** Department of Health

Provides mental health services to the community in the Top End and offers a 24 hour emergency mental health service via telephone on 1800 682 288.



## **MOBILITY AIDS/EQUIPMENT**

### **Disability Equipment Program (DEP)**

**Location:** 2B2 Cascom Centre  
17 Scaturchio Street CASUARINA

**Postal:** PO Box 40596 CASUARINA NT 0811

**Freecall:** 1800 139 656

**Email:** [topenintake.ths@nt.gov.au](mailto:topenintake.ths@nt.gov.au)

**Website:** [www.health.nt.gov.au](http://www.health.nt.gov.au)

**Hours:** Monday-Friday: 8.00am-4.21pm

**Parent Body:** Department of Health

The Disability Equipment Program (DEP) aims to provide appropriate equipment, aids and appliances to eligible consumers, to enhance their safety and independence and to assist them to live and participate in their community.

Clients must meet certain criteria and need to have an assessment by an appropriate professional.

## **Keep Moving**

**Location:** 15 Swan Crescent WINNELLIE  
**Postal:** PO Box 37082 WINNELLIE NT 0821  
**Telephone:** 8947 5122  
**Fax:** 8947 2531  
**Email:** [reception@keepmoving.net.au](mailto:reception@keepmoving.net.au)  
**Website:** [www.keepmoving.net.au](http://www.keepmoving.net.au)  
**Hours:** Monday-Friday: 8.30am-4.30pm

Keep Moving is a professional supplier of Mobility and Rehabilitation Equipment for elderly people with a disability.

Keep Moving has a wide range of equipment to help with activities of daily living: walking sticks, walking frames, wheelchairs, electric hi-low beds, grab rails, ramps, body braces, e.g. knee, back and wrist.

Keep Moving has a physiotherapist on-site to help with your equipment needs.

## **Mobility/Aids Equipment**

### **New Age Mobility**

**Location:** 26/16 Charlton Court WOOLNER  
**Postal:** As above  
**Telephone:** 8942 1549  
**Fax:** 8942 1550  
**Email:** [newage1@bigpond.com](mailto:newage1@bigpond.com)  
**Website:** [www.newagemobility.com.au](http://www.newagemobility.com.au)  
**Hours:** **Monday-Friday: 8.30am-4.30pm**  
**Saturday: 9.00am-12.00pm**

New Age Mobility promotes a better way of living a quality life.

Darwin specialist in sales and service of mobile scooters, mobility aids and home health care.

New Age Mobility also provides one-on-one consultations to help understand our customer's specific needs and appreciate that no two people are the same and strive to find the perfect solution for each and every one.

Take control of your freedom and independence: talk to New Age Mobility.

## NT Mobility Equipment

**Location:** 8/51 Pruen Road BERRIMAH  
**Postal:** PO Box 1592 BERRIMAH NT 0828  
**Telephone:** 8947 1227  
**Fax:** 8947 1229  
**Email:** ntmobilityequipment@bigpond.com  
**Website:** www.wesellfunnt.com.au  
**Hours:** Monday-Friday: 8.00am-5.30pm  
Saturday: 8.00am-3.00pm

NT Mobility Equipment is an approved sales and service agent for Pride mobility equipment including lift chairs, scooters, electric and manual wheel chairs, walkers, shower and toilet aids.

NT Mobility Equipment also hire scooters, wheelchairs, walkers and shower aids.

## Prosthetics and Orthotics Department

**Location:** Royal Darwin Hospital  
**Postal:** PO Box 41326 CASUARINA NT 0811  
**Telephone:** 8922 8241  
**Fax:** 8922 8231  
**Email:** prostheticorthoticrdh.ths@nt.gov.au  
**Website:** www.nt.gov.au/health  
**Hours:** Monday-Friday: 8.00am-4.21pm  
**Parent Body:** Department of Health NT

The Prosthetic and Orthotic Department at Royal Darwin Hospital manufacture and fit a vast range of prosthetic and orthotic devices. It also provides services to the High Risk Foot Clinic at Royal Darwin Hospital as well as services to pediatrics patients via the Visiting Pediatric Rehabilitation Service.

**Mobility/Aids Equipment**

**Seating Equipment and Technical (SEAT) Service**

**Location:** Block 15 Royal Darwin Hospital  
Rocklands Drive TIWI

**Postal:** PO Box 40596 CASUARINA NT 0811

**Freecall:** 1800 139 656

**Email:** [topenintake.ths@nt.gov.au](mailto:topenintake.ths@nt.gov.au)

**Website:** [www.health.nt.gov.au](http://www.health.nt.gov.au)

**Hours:** 8.00am-4.21pm

**Parent Body:** Department of Health

The SEAT Service provides high quality clinical services for people with disability and frail aged that have complex seating and mobility needs.

## **REHABILITATION SERVICES**

### **APM Disability Employment Services**

**Location:** Fannie Bay, Casuarina and Palmerston  
**Postal:** PO Box 128 PARAP NT 0804  
**Telephone:** 8945 7128  
**Fax:** 8941 9012  
**Email:** [darwin@apm.net.au](mailto:darwin@apm.net.au)  
**Website:** [www.apm.net.au](http://www.apm.net.au)  
**Hours:** Monday-Friday: 8.30am-5.00pm

APM is an Australian owned provider of innovative services in injury prevention and injury and disability management.

APM provides comprehensive, personalised disability management services that combine vocational rehabilitation services with employment assistance.

Services are sensitive to individuals' circumstances and background and are tailored to individuals' needs and abilities.

### **Rehabilitation Services**

**Location:** Royal Darwin Hospital  
Rocklands Drive TIWI  
**Postal:** PO Box 41326 CASUARINA NT 0811  
**Telephone:** 8922 8866  
**Hours:** Monday-Friday: 8.00am-4.21pm  
**Parent Body:** Department of Health

Rehabilitation therapy programs for inpatients and outpatients with neurological conditions such as stroke, brain injury, movement disorder, spinal cord injury and amputees.

## **RESPITE**

### **ARRCS Respite Options for Senior Territorians (ROST) Darwin**

**Location:** 5 Luxton Street STUART PARK  
**Postal:** As above  
**Telephone:** 8942 3911  
0438 452 908  
**Fax:** 8942 3955  
**Email:** [rostfs@bigpond.com](mailto:rostfs@bigpond.com)  
**Hours:** 7.00am-6.00pm  
**Parent Body:** Australian Regional and Remote Community  
Services

Centre based day respite for carers of elderly Territorians with a diagnosis of dementia.

ROST provides stimulating meaningful activities in a social environment. Clients are provided with a home cooked lunch and transport if needed.

**ARRCS – Respite Options for Senior Territorians  
(ROST) - Palmerston**

**Location:** 15 Waterhouse Crescent DRIVER  
**Postal:** As above  
**Telephone:** 8932 3399  
0438 452 908  
**Fax:** 8932 3299  
**Email:** [rostfs@bigpond.com](mailto:rostfs@bigpond.com)  
**Hours:** Monday-Friday: 7.00am-6.00pm  
**Parent Body:** Australian Regional and Remote Community  
Services

Centre based day centre based day respite service for working carers of frail elderly Territorians and younger people with a disability. NRCP funded.

Also provision of centre based services for HACC and NDIHS clients.

ROST provides daily social activities, lunch and transport.



## Respite

### Home and Community Care (HACC)

**Postal:** PO Box 36506 WINNELLIE NT 0821  
**Telephone:** 8930 2300  
**Fax:** 8942 2082  
**Email:** [haccdarwin@lwb.org.au](mailto:haccdarwin@lwb.org.au)  
**Website:** [www.lwb.org.au](http://www.lwb.org.au)  
**Hours:** Monday-Friday: 8.30am-4.30pm  
**Parent Body:** Life Without Barriers

Life without Barriers Home and Community Care (HACC) provides domestic assistance, social support, transport and centre based day programs for people over of 65 (50 years and over for Aboriginal and Torres Strait Islander people) living in the Darwin Top End region.

The programs are funded by the Australian Government of Social Services to assist older people to remain living in their home for as long as possible and to assist them to access their community and live an active and independent social life.

## **SPORT, RECREATION & THE ARTS**

### **Barefoot Bowls – Lawn Bowls**

**Location**            8 Conacher Street FANNIE BAY  
**Postal:**            GPO Box 545 DARWIN NT 0801  
**Telephone:**        8981 3221  
**Email:**             darwinbowlsclub@bigpond.com  
**Website**            [www.darwinbowlsclub.com.au](http://www.darwinbowlsclub.com.au)  
**Hours:**             From 12.00noon daily  
**Parent Body:**     Darwin Bowls and Social Club

We welcome new and experienced bowlers of all ages who wish to have a go and have some fun whilst learning lawn bowls.

Thursday night and Tuesday and Sunday mornings are good comps where you can participate with a friendly group of people. Otherwise you can come down and bowl with your friends on any day except Monday.

We provide free coaching. Cost is \$10 per person to bowl. We provide all bowls, mats and kittys.

Sport, Recreation & the Arts

## **Birch Carroll & Coyle Cinemas**

### **Casuarina**

**Location:** Casuarina Shopping Centre CASUARINA  
**Telephone:** 8945 7777  
**Email:** casuarina\_manager@birch.com.au  
**Website:** www.eventcinemas.com.au  
**Hours:** 10.00am-12.30pm

### **Darwin**

**Location:** 76 Mitchell Street DARWIN  
**Telephone:** 8981 5999  
**Email:** darwin\_manager@birch.com.au  
**Website:** www.eventcinemas.com.au  
**Hours:** 10.00am-12.30pm

We offer a wide range of movies for all kinds of audiences. From main stream block busters to art house films.

## **Burnett House Sunday Afternoon Teas**

**Location:** Burnett House  
4 Burnett Place LARRAKEYAH  
**Postal:** As above  
**Telephone:** 8981 0165  
**Hours:** Sunday 3.00pm-5.00pm  
**Parent Body:** Larrakeyah Branch of the National Trust

Old fashioned afternoon teas in a pleasant garden setting for \$10 per person.

## **CMAX Cinemas**

**Location:** The Hub Complex  
3 Maluka Street PALMERSTON

**Postal:** PO Box 900 PALMERSTON NT 0831

**Telephone:** 8931 2555 – Michael Schneider (Managing Director)

**Fax:** 8931 2275

**Email:** [cmax@cmaxcinema.com.au](mailto:cmax@cmaxcinema.com.au)

**Website:** [www.cmaxcinema.com.au](http://www.cmaxcinema.com.au)

**Hours:** Please call for session times or view movie times on the website. Closed Christmas Day only.

Discount movie tickets as below:

- NT Seniors Cardholder – admit one per card \$9.50;
- National Seniors Cardholder – one admit per card \$13.50;
- Pensioner & Carer Concession Card (NT Government) – admit one concession price per card; and
- NT Government issued Companion Card – one complimentary admit with companion.

## **Coconut Grove Seniors Hall Inc**

**Location:** Musgrave Crescent COCONUT GROVE

**Postal:** PO Box 1022 NIGHTCLIFF NT 0814

**Telephone:** 8948 0705  
8941 5213  
8948 1878

**Hours:** First Sunday of the month – Movie 2.00pm  
Third Sunday of the month – Bingo 2.00pm

We provide occasional excursions and have community lunches several times a year.

Sport, Recreation & the Arts

### **Disabled Sports Association**

**Postal:** PO Box 40194 CASUARINA NT 0811  
**Telephone:** 8945 4800  
**Fax:** 8927 8866  
**Email:** disabledsportnt@bigpond.com  
**Hours:** 8.30am-4.00pm  
**Parent Body:** Disability Sports Australia

Promotes participation in sport for people with disabilities.

### **Family History Library – Genealogical Society of the Northern Territory**

**Location:** 1st Floor  
25 Cavenagh Street DARWIN  
**Postal:** PO Box 37212 WINNELLIE NT 0821  
**Telephone:** 0412 018 015  
**Email:** gsntinc@bigpond.net.au  
**Website:** [www.gsnt.org.au](http://www.gsnt.org.au)  
**Hours:** Monday and Tuesday: 9.30am-5.15pm  
Saturday: 1.00pm-5.30pm

Family History: the world's most popular hobby, something for people of all ages, beginner to expert levels of knowledge and skill, meet people with similar interests and learn about our library resources which you can use to advance your research.

## **Grey Panthers**

**Location:** Tracks Dance Studio  
Frog Hollow Centre for the Arts  
56 McMinn Street DARWIN

**Postal:** GPO Box 823 DARWIN NT 0801

**Telephone:** 8941 1410

**Fax:** 8941 2835

**Email:** [admin@tracksdance.com.au](mailto:admin@tracksdance.com.au)

**Website:** [www.tracksdance.com.au](http://www.tracksdance.com.au)

**Hours:** Fridays: 9.30am-11.00am

**Parent Body:** Tracks Dance

The Grey Panthers are a unique Northern Territory dance troupe for senior women and men over 60 years of age. They meet weekly on Friday's for their contemporary dance class and also perform regularly for special events, usually charitable.

Sport, Recreation & the Arts

## **Libraries Casuarina, City, Karama & Nightcliff**

**Location:**        Casuarina Library  
                         17 Bradshaw Terrace CASUARINA  
                         City Library  
                         Civic Centre  
                         17 Harry Chan Avenue DARWIN  
                         Karama Library  
                         Karama Shopping Centre  
                         Kalymnos Drive KARAMA  
                         Nightcliff Library  
                         Pavonia Place NIGHTCLIFF

**Postal:**            GPO Box 84 DARWIN NT 0801

**Telephone:**      8930 0200 – Casuarina  
                         8930 0230 – City  
                         8927 2505 – Karama  
                         8985 1461 – Nightcliff

**Email:**             darwinlibraries@darwin.nt.gov.au

**Website:**        www.darwin.nt.gov.au

**Parent Body:**    City of Darwin

### Sport, Recreation & the Arts

Hours:	<b>Casuarina</b>	<b>City</b>	<b>Karama</b>	<b>Nightcliff</b>
Monday-Friday:	Monday-Friday: 9.00am-5.45pm Wednesday: 9.00am-7.30pm	9.00am-5.30pm	Monday-Thursday: 10.00am-5.30pm Friday: 1.00pm-5.30pm	Monday-Thursday: 10.00am-5.30pm Friday: 1.00pm-5.30pm
Saturday:	9.00am-12.00pm	9.00am-12.00pm	9.00am-12.00pm	9.00am-12.00pm
Sunday:	1.00pm-4.00pm	Closed	Closed	Closed

Computers with built-in features to help those with visual impairments are available as well as multi-walkers for people with mobility limitations.

Ramp access and accessible toilets are available.



Sport, Recreation & the Arts

## **Museum & Art Gallery of the Northern Territory**

**Location:** 19 Conacher Street, THE GARDENS  
**Postal:** GPO Box 4646 DARWIN NT 0801  
**Telephone:** 8999 8246  
**Fax:** 8999 8289  
**Email:** [museum.magnt@nt.gov.au](mailto:museum.magnt@nt.gov.au)  
**Website:** [www.magnt.net.au](http://www.magnt.net.au)  
**Hours:** Monday-Friday: 9.00am-5.00pm  
Saturday-Sunday: 10.00am-5.00pm  
Public Holidays: 10.00am-5.00pm  
(Closed: Christmas Day, Boxing Day, New Years Day and Good Friday)  
**Parent Body:** Northern Territory Government

The Museum & Art Gallery of the Northern Territory is the Northern Territory premier cultural institution.

The museum complex consists of five major permanent galleries, education facilities for school groups, the museum gift shop and the Cornucopia Museum Café.

## **Nican – inclusive recreation for Australians of all Abilities**

**Postal:** PO Box 110 MITCHELL ACT 2911  
**Freecall:** 1800 806 769  
**Fax:** 02 6241 1224  
**Email:** [info@nican.com.au](mailto:info@nican.com.au)  
**Website:** [www.nican.com.au](http://www.nican.com.au)  
**Hours:** 9.00am-4.00pm AEST

Nican provides information on recreation, tourism, sport and the arts for people with disability.

We provide a nationwide searchable database which can be accessed by free-call phone, online and via smartphone.

We also administer the Nican Qantas Carer Concession Card which provides a 50% discount for carers of people with disability on most domestic flights.

## **Nightcliff Evergreens**

**Location:** Nightcliff Sports Club  
Camphor Street NIGHTCLIFF  
**Postal:** PO Box 1283 NIGHTCLIFF NT 0814  
**Telephone:** 8945 0088  
**Email:** [electorate.nightcliff@nt.gov.au](mailto:electorate.nightcliff@nt.gov.au)

Meetings on the 2nd and 4th Wednesday of each month:  
10.00am - 12noon.

Activities include: guest speakers, entertainment, day trips, luncheons and morning teas, plus weekly sessions of craft (Monday 10.00am) and canasta (Friday 1.00pm).

## Sport, Recreation & the Arts

### **NT Ballroom Dancing Association**

**Postal:** PO Box 41091 CASUARINA NT 0811

**Email:** [ntbda@yahoo.com.au](mailto:ntbda@yahoo.com.au)

Various events and workshops held throughout the year. Great opportunities, to have fun, keep fit and dance to some lovely music. Contact [ntbda@yahoo.com.au](mailto:ntbda@yahoo.com.au) for a program of events.

### **NuLiNe Dance**

**Location:** Malak Community Centre  
13 Malak Crescent MALAK

**Postal:** PO Box 41726 CASUARINA NT 0811

**Telephone:** 0418 826 778

**Email:** [nataliee@nulinedance.com](mailto:nataliee@nulinedance.com)

**Website:** [www.nulinedance.com](http://www.nulinedance.com)

**Hours:** Tuesday: 5.00pm-7.00pm  
Thursday: 10.30am-12.30pm  
Friday: 3.00pm-5.00pm

If you love to dance you'll love NuLiNe!

Learn dance routines choreographed to a variety of music genres. There's 'a little bit of Mambo', Latin, Pop, Celtic, Country, Cha Cha, Waltz and Rumba.

NuLiNe exercises your body and mind!

## **Palmerston Senior Songsters**

**Location:** Brennan Electorate Office  
Shop 2, Palmerston Shopping Centre  
**Postal:** C/- PO Box 681 HOWARD SPRINGS NT 0835  
**Telephone:** 0403 470 779

A group of 'oldies' who enjoy singing.

We visit the nursing homes around Darwin and Palmerston and Palliative Care each month. We can also be found at various functions at Palmerston Shopping Centre.

## **Pensioners' Workshop Association**

**Location:** WINNELLIE  
**Postal:** Unit 2/48 Albatross Street WINNELLIE NT 0820  
**Telephone:** 8947 7098  
**Email:** [penworkshop@bigpond.com](mailto:penworkshop@bigpond.com)  
**Hours:** Tuesday, Thursday, Friday: 9.00am-2.00pm

The Association provides a venue where pensioners and retirees, male and female, may meet socially.

There is a workshop where members may undertake projects, principally wood turning and joinery, picture framing, sewing, and some metal work.

**Sport, Recreation & the Arts**

**Scottish Country Dancing**

**Location:** Malak Community Centre  
Malak Crescent MALAK

**Postal:** 4 Eagle Court WULAGI NT 0812

**Telephone:** 8927 9203

**Email:** [anguka@internode.on.net](mailto:anguka@internode.on.net)

**Website:** [www.scottishcountrydance.net](http://www.scottishcountrydance.net)

**Hours:** Saturday: 2.00pm-4.00pm  
Other courses by arrangement

Weekly sessions teaching and promoting Scottish Country Dancing to all nationalities.

Happy, friendly, social dancing to splendid music, run by top internationally accredited teachers.

20% off each 12-week Beginners Course in February and August for Seniors Card holders.

## Swimming Pools – Casuarina, Parap & Nightcliff

### Casuarina

**Location:** Angelo Street CASUARINA  
**Telephone:** 8927 9091  
**Fax:** 8928 1238

### Nightcliff

**Location:** Casuarina Drive NIGHTCLIFF  
**Telephone:** 8985 1682  
**Fax:** 8985 1682

### Parap

**Location:** Ross Smith Avenue PARAP  
**Telephone:** 8981 2662  
**Fax:** 8981 2048  
**Parent Body:** City of Darwin

Public swimming, lap swimming, swimming lessons and aqua classes.

Ramp access, accessible toilets and hydraulic pool lifts available.

Hours	Casuarina Pool	Nightcliff Pool	Parap Pool
Monday	6.00am-7.30pm	6.00am-7.00pm	6.00am-7.30pm
Tuesday	6.00am-7.30pm	6.00am-7.00pm	6.00am-7.30pm
Wednesday	6.00am-7.30pm	6.00am-7.00pm	6.00am-6.00pm
Thursday	6.00am-7.30pm	6.00am-7.00pm	6.00am-7.30pm
Friday	6.00am-7.30pm	6.00am-7.30pm	6.00am-7.30pm
Saturday	8.00am-6.00pm	8.00am-7.30pm	8.00am-6.00pm
Sunday	8.00am-6.00pm	10.00am-7.30pm	10.00am-6.00pm
Public Holidays	10.00am-7.30pm	10.00am-7.30pm	10.00am-7.30pm

## Sport, Recreation & the Arts

### **Tactile Arts**

**Location:** 19 Conacher Street FANNIE BAY – on the grounds of the Museum & Art Gallery of NT

**Postal:** GPO Box 1479 DARWIN NT 0801

**Telephone:** 8981 6616

**Fax:** 8981 7175

**Email:** [admin@tactilearts.org.au](mailto:admin@tactilearts.org.au)

**Website:** [www.tactilearts.org.au](http://www.tactilearts.org.au)

**Hours:** Office: Tuesday-Friday: 9.30am-4.30pm  
Gallery: Tuesday-Friday: 9.30am-4.30pm  
Saturday & Sunday: 10.00am-3.00pm

Tactile ARTS delivers contemporary craft workshops.

Members enjoy discounts on workshops and purchases at our retail outlet, can participate in craft fairs and member's exhibitions and are able to access studios and equipment.

Seniors concession available on membership fees.

## **Top End Mustangs Inc Line Dancing**

**Location:** Coconut Grove Seniors Hall and  
Howard Springs Community Hall (Tuesday only)

**Postal:** PO Box 41740 CASUARINA NT 0811

**Telephone:** 0438 852 998 - Julie

**Email:** [info@topendmustangs.com.au](mailto:info@topendmustangs.com.au)

**Website:** [www.topendmustangs.com.au](http://www.topendmustangs.com.au)

**Hours:** Monday: 6.30pm-9.00pm  
Tuesday: 7.30pm-9.30pm  
Wednesday: 6.30m-8.30pm  
Thursday: 10.00am-12.30pm

**Parent Body:** Top End Mustangs Inc

Top End Mustangs is a line dancing group where you can learn to dance in a fun and friendly atmosphere. Classes cater from beginner to intermediate level and more than 75% of members are seniors.

## **Tuesday Senior Citizens Group**

**Location:** Casuarina Community Room  
Casuarina Square CASUARINA

**Postal:** GPO Box 3143 DARWIN NT 0801

**Telephone:** 8927 0767 - Maria Vlastuin  
8945 9065 - Freda Brocker

**Hours:** Tuesday: 9.30am-1.30pm

Morning tea, bingo and raffle.



## **SUPPORT SERVICES**

### **Calvary Community Care**

**Location:** Unit 1/18 Totem Road COCONUT GROVE  
**Postal:** PO Box 41308 CASUARINA NT 0811  
**Telephone:** 8985 6988  
**Fax:** 8948 0054  
**Website:** [www.calvarycommunitycare.org.au](http://www.calvarycommunitycare.org.au)  
**Hours:** 7 days a week  
**Parent Body:** Calvary, Little Company of Mary Health Care Ltd

Calvary Community Care offers a wide range of individually tailored services to support people to live independently in their home and community.

Services include:

- Personal Care;
- Domestic Assistance;
- Respite Care;
- Companionship and Social Support;
- Community Access;
- Home Alert Telecare Solutions; and
- Information and Advice.

## CanTeen SA/NT

**Location:** Shop 9 Rapid Creek Business Village  
48 Trower Road MILLNER

**Postal:** PO Box 41700 CASUARINA NT 0811

**Telephone:** 8985 2013 or 0420 363 175

**Fax:** 8985 2071

**Email:** [caitlin.sherlock@canteen.org.au](mailto:caitlin.sherlock@canteen.org.au)

**Website:** [www.canteen.org.au](http://www.canteen.org.au)  
[www.nowwhat.org.au](http://www.nowwhat.org.au)

**Hours:** Monday-Friday: 8.00am-6.00pm

CanTeen provides support to 12-24 year olds who are living with cancer. The young person might be:

- Diagnosed with cancer.
- May have a parent/significant family member or sibling with cancer.
- Or the young person may have lost a parent/significant family member/sibling to cancer.

CanTeen provides:

- Individualised and tailored support depending on the young people's wellbeing needs.
- Runs a variety of one day/weekend activities which are all about having fun and having a break from the cancer experience.
- Has an online platform [www.nowwhat.org.au](http://www.nowwhat.org.au) where young people can connect with peers and counsellors 24/7 days a week.
- Provides telephone counselling by trained professionals.

## Support Services

### **Carpentaria Disability Services Inc**

**Location:** 37 Henbury Avenue TIWI  
**Postal:** PO Box 63 KARAMA NT 0813  
**Telephone:** 8945 4977  
**Fax:** 8945 0518  
**Email:** [cds@carpentaria.org.au](mailto:cds@carpentaria.org.au)  
**Website:** [www.carpentaria.org.au](http://www.carpentaria.org.au)  
**Hours:** 8.30am-4.30pm

- Early intervention services.
- Home away from home respite.
- Lifestyle options.
- Support living.

### **Cerebral Palsy Support Group**

**Location:** Darwin  
**Postal:** PO Box 42045 CASUARINA NT 0811  
**Telephone:** 0418 857 042  
**Fax:** 8945 9249  
**Email:** [ninthhourmusic@gmail.com](mailto:ninthhourmusic@gmail.com)  
**Website:** [www.cpnt.org.net.au](http://www.cpnt.org.net.au)

CPNT aims to encourage parents and families caring for a person with Cerebral Palsy. It hopes to provide up-to-date information on local service providers in the Darwin area through its website and seeks to raise community awareness about the condition.

## Community Justice Centre

**Location:** 1st Floor Nichols Place  
Cavenagh Street DARWIN

**Postal:** GPO Box 1722 DARWIN NT 0801

**Freecall:** 1800 000 473

**Fax:** 8999 6226

**Email:** [cjc.@nt.gov.au](mailto:cjc.@nt.gov.au)

**Website:** [www.cjc.nt.gov.au](http://www.cjc.nt.gov.au)

**Hours:** Office Hours: 8.00am-4.21pm  
Mediation Service – business/after hours

**Parent Body:** Department of Attorney-General and Justice NT  
Government

The Community Justice Centre provides mediation services for the community to help people resolve their disputes without legal action. The service is free, confidential and voluntary.

## Support Services

### **Darwin Community Access Service**

**Location:** Wanguri Shopping Centre  
Wanguri Place WANGURI

**Postal:** PO Box 36506 WINNELLIE NT 0821

**Telephone:** 8928 1442

**Fax:** 8928 1335

**Email:** [sdykstra@anglicare-nt.org.au](mailto:sdykstra@anglicare-nt.org.au)

**Website:** [www.anglicare-nt.org.au](http://www.anglicare-nt.org.au)

**Hours:** Monday-Friday: 8.30am-4.30pm

**Parent Body:** Anglicare NT

DCAS offers a flexible, client focused service for people with a disability, funded by the NT Department of Health.

The service provides a qualified disability support worker for one-on-one support and a small hourly fee applies.

Services involve support for adults who do not live in funded supported accommodation, community access, advocacy, information and referrals. An individual program plan is developed in consultation with other stakeholders.

DCAS Brokerage Service is a non-funded service offering flexible, client focused support for individuals with a disability who are unable to access the funded service.

The service provides a qualified disability support worker to support the person with community access. An hourly fee applies and transport can be arranged if required.

## Disability Coordination Team

**Location:** Level 1 Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive CASUARINA

**Postal:** PO Box 40596 CASUARINA NT 0811

**Freecall:** 1800 139 656

**Email:** [topendintake.ths@nt.gov.au](mailto:topendintake.ths@nt.gov.au)

**Website:** [www.health.nt.gov.au](http://www.health.nt.gov.au)

**Hours:** Monday-Friday: 8.00am-4.21pm

**Parent Body:** Department of Health

Disability Coordination Team provides comprehensive person centered assessment in order to develop individualized support plans that enhance independence, self-esteem and capacity within the community. This includes case management and behavioral management.

## Epilepsy Action Australia

**Location:** Phone: 1300 374 537  
Phone services nationwide

**Postal:** PO Box 879 EPPING NSW 1710

**Telephone:** 1300 374 537

**Fax:** 1300 886 894

**Email:** [epilepsy@epilepsy.org.au](mailto:epilepsy@epilepsy.org.au)

**Website:** [www.epilepsy.org.au](http://www.epilepsy.org.au)

**Hours:** Monday-Friday: 9.00am-5.00pm AEST

Epilepsy Action Australia is a national service provider delivering services to people with epilepsy and their families.

Services include individual service plans, epilepsy information and guidance, first aid, seizure management planning, education and training programs, peer support, memory workshops and Online Self-management tools.

## Support Services

### **Guide Dogs NT Vision Services**

**Location:** 4/5 Keith Lane FANNIE BAY  
**Postal:** PO Box 154 PARAP NT 0804  
**Telephone:** 8995 2222  
**Freecall:** 1800 GUIDE DOGS  
**Fax:** 8995 2223  
**Email:** [info@guidedogs.org.au](mailto:info@guidedogs.org.au)  
**Website:** [www.guidedogs.org.au](http://www.guidedogs.org.au)  
**Hours:** Monday-Friday: 8.30am-5.00pm  
**Parent Body:** Guide Dogs Association of SA & NT Inc

Guide Dogs NT Vision Services is the main provider of vision services to adults and children with vision loss across the NT. We provide a range of support and education services including Orientation and Mobility programs and Low Vision services.

## Library Services for Housebound

**Location:** Casuarina Library  
Bradshaw Terrace CASUARINA

City Library  
Civic Centre, Harry Chan Avenue DARWIN

**Postal:** GPO Box 84 DARWIN NT 0801

**Telephone:** 8930 0200 – Casuarina  
8930 0230 – City

**Fax:** 8945 0004 - Casuarina  
8930 0562 – City

**Email:** [darwinlibraries@darwin.nt.gov.au](mailto:darwinlibraries@darwin.nt.gov.au)

**Website:** [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)

**Parent Body:** City of Darwin

City of Darwin Libraries offer a Housebound Service specifically designed for clients who are unable to visit their library personally due to disability.

Temporary Housebound Membership can be extended to those who are only housebound due to a temporary injury or operation.

For more information on this service, contact the Housebound Service Officers.



## Support Services

### Linkcare Community Options

**Location:** Wanguri Shopping Centre  
Wanguri Place WANGURI

**Postal:** PO Box 36506 WINNELLIE NT 0821

**Telephone:** 8927 0392

**Fax:** 8928 1335

**Email:** [dhathaway@anglicare-nt.org.au](mailto:dhathaway@anglicare-nt.org.au)

**Website:** [www.anglicare-nt.org.au](http://www.anglicare-nt.org.au)

**Parent Body:** Anglicare NT

Linkcare is a Community Options Service that focuses on supporting frail-aged and complex needs seniors and their carers, from culturally and linguistically diverse backgrounds, in their homes, families and communities through the supplementation and support of existing informal care networks.

Linkcare approaches the planning of services around the needs of individuals, supporting their independence for as long as possible.

The service comprises case management, brokerage, advocacy, respite, in-home support services, personal care, social and community support.

Activities include Heart Starters' gentle aerobic exercise (weekly), which includes lunch and guest speakers; and Cooking With Culture, a nutritional and social cooking activity (weekly).

A small session fee applies.

## **Prosper Prostate Cancer Support Group**

**Location:** Harbour Room  
Christ Church Cathedral  
Smith Street DARWIN

**Postal:** C/- 52 Eden Street STUART PARK NT 0820

**Telephone:** 8981 4506

**Email:** [ma.pa.willi@bigpond.com](mailto:ma.pa.willi@bigpond.com)

**Hours:** All Hours

**Parent Body:** Prostate Cancer Foundation of Australia (PCFA)

To provide support and information to men and their families,  
from the newly diagnosed situation onwards.

## Support Services

### **Royal Institute for Deaf and Blind Children (RIDBC) Darwin**

**Location:** Cascom Centre  
13-17 Scaturchio Street CASUARINA  
**Postal:** PO Box 40725 CASUARINA NT 0811  
**Telephone:** 8945 6498  
**Email:** [info@ridbc.org.au](mailto:info@ridbc.org.au)  
**Website:** [www.ridbc.org.au](http://www.ridbc.org.au)

RIDBC Darwin provides education, therapy and cochlear implant services to children and adults with hearing loss, supporting families throughout the Northern Territory. The Centre was officially opened in 2012, although RIDBC has been successfully delivering services in the Northern Territory for many years through RIDBC Teleschool. RIDBC Teleschool supports hundreds of families each year living in regional areas of Australia using high quality video conferencing technology.

RIDBC Darwin also provides cochlear implant services through SCIC Cochlear Implant Program, supporting children, adults and families throughout the Northern Territory to access a range of implantable hearing devices according to their needs. The program provides support for life with a seamless, end-to-end suite of services, from early intervention and education; through to specialist assessment; local surgical liaison and support; and rehabilitation services – delivering the highest level of care and support to people of all ages.

## **Territory Care and Support Services**

**Location:** 116 Vanderlin Drive WULAGI  
**Postal:** GPO Box 3554 DARWIN NT 0801  
**Telephone:** 8927 3060  
**Fax:** 8927 9469  
**Email:** [tcass@bigpond.com.au](mailto:tcass@bigpond.com.au)  
**Website:** [www.tcassdarwin.com/company-profile](http://www.tcassdarwin.com/company-profile)  
**Hours:** 24 hours per day, 7 days a week  
**Parent Body:** North Australia Global Services Pty Ltd

TCASS provides in-home support services according to the needs of the client. The client is the focal point and every effort is made to empower them in decisions regarding their lifestyle support. Clients are treated as individuals and support is tailored to suit their needs.

## Support Services

### The Salvation Army Companion Club

**Location:** 3 Yanyula Drive ANULA  
**Postal:** PO Box 40491 CASUARINA NT 0811  
**Telephone:** 8945 4670 or  
0417 350 541  
**Fax:** 8927 6875  
**Email:** [corpsofficer.darwin@aus.salvationarmy.org](mailto:corpsofficer.darwin@aus.salvationarmy.org)  
**Hours:** Wednesday: 9.30am-11.30am (Fortnightly)  
**Parent Body:** The Salvation Army

The Companion Club meets for seniors to form friendships, share morning tea and listen to guest speakers.

Occasionally there are outings.

### Total Recreation

**Location:** Suite 2  
98 Woods Street DARWIN  
**Postal:** GPO Box 3217 DARWIN NT 0801  
**Telephone:** 8981 3686  
**Fax:** 8981 3616  
**Email:** [admin@totalrecreation.org.au](mailto:admin@totalrecreation.org.au)  
**Website:** [www.totalrecreation.org.au](http://www.totalrecreation.org.au)  
**Hours:** Flexible

Total Recreation offers a range of support for people with a disability. Support is directed towards individuals and/or groups depending upon the activity or available options.

All sport and recreation options take place in the community; the aim is to advance peoples' opportunities for involvement in their community. Particular emphasis is placed on developing options that are sustainable.

## **Victims of Crime NT Inc**

**Location:** Suite 1 La Grande  
8 Knuckey Street DARWIN

**Postal:** GPO Box 1258 DARWIN NT 0801

**Telephone:** 8941 0995

**Freecall:** 1800 672 242 24 hours, 7 days per week

**Email:** [vocalnt@bigpond.com.au](mailto:vocalnt@bigpond.com.au)

**Website:** [www.victimsofcrime.org.au](http://www.victimsofcrime.org.au)

**Hours:** Monday-Friday: 9.00am-4.30pm

VoCNT is a not for profit agency that provides services for people who have been a victim of a crime in the NT.

We can provide court support, information, advocacy, counselling and assistance to re-secure your home and have someone on your side.

Victims of personal violence may be eligible for compensation through the Crime Victims Services Unit. VoCNT can assist with this.

## TRANSPORT

### Public Transport Bus Services - Public Transport Division

**Location:** Level 1 Energy House  
18-20 Cavenagh Street DARWIN

**Postal:** GPO Box 2520 DARWIN NT 0801

**Telephone:** 9824 7666

**Fax:** 8924 7841

**Email:** [publictransport@nt.gov.au](mailto:publictransport@nt.gov.au)

**Website:** [www.nt.gov.au/publictransport](http://www.nt.gov.au/publictransport)

**Hours:** Monday to Friday: 6.45am - 4.30pm  
Saturday: 9.00am-1.00pm  
Closed Sundays and Public Holidays

**Parent Body:** Department of Transport

Special services are provided for senior and the mobility impaired passengers.

#### Palmerston Hospital Shuttle

This free service is for seniors and mobility impaired passengers who reside in the Palmerston area and have an appointment at the Royal Darwin Hospital, Private Hospital, Diabetes Australia or the Farrar Medical Centre.

Door to door services operate to and from the above medical facilities three times per day Monday to Friday excluding Public Holidays.

To be eligible, passengers must be the holder of a current NT Government Pensioner and Carer Concession Card, NT Government Seniors Card, Vision Impaired Travellers Pass or a disability preventing them from using the regular bus services.

## Transport

To book please call 1300 978 995 and provide the following information:

1. Your Name
2. Pick up location
3. Drop off location
4. Appointment time
5. Appointment number, or Hospital registration number; or in the case of a visiting Doctor, the Doctor's name
6. If wheelchair transport will be required.

Please note: The shuttle bus has limited seats and bookings are subject to the availability (24 hour prior notice recommended).

Free transport is provided to and from the retirement facilities providing shopping and hospital transport for Leanyer Seniors Village, Fannie Bay and Tiwi Retirement Village Seniors.

To assist seniors on and off the bus, a Transit Carer will be present. The bus also has the capability to carry at least two mobility aids.

### **Leanyer Seniors Village Tuesday and Thursday Bus Services**

#### **Morning Services**

<b>Pick Up/Drop Off</b>	<b>Location</b>	<b>Time</b>
Leanyer Seniors Village	Leanyer Seniors Village road side	9:00am
Hibiscus Shopping Centre	Baroalba Street, opposite Pharmacy entrance	9:05am
Casuarina Shopping Centre	Bay 1 Casuarina Interchange	9:15am
Royal Darwin Hospital	Florey Avenue, bus bay	9:25am
Leanyer Seniors Village	Leanyer Seniors Village road side	9:35am

#### **Afternoon Services**

<b>Pick Up/Drop Off</b>	<b>Location</b>	<b>Time</b>
Royal Darwin Hospital	Florey Avenue, bus bay inside hospital	12:00pm
Casuarina Shopping Centre	Bay 1 Casuarina Interchange	12:10pm
Hibiscus Shopping Centre	Baroalba Street, opposite Pharmacy entrance	12:25pm
Leanyer Seniors Village	Leanyer Seniors Village road side	12:30pm



## Transport

### Fannie Bay and Tiwi Retirement Village Seniors Monday and Wednesday Bus Services

#### Morning Services

Pick Up	Location	Time
Pearl Retirement Resort	11 Waratah Crescent Fannie Bay	9:00am
Fannie Bay Seniors Village	Corner Waratah Crescent / Kurringal Court Fannie Bay	9:05am
Woolworths Nightcliff	Dick Ward Drive Nightcliff	9:15am
Nightcliff Shopping Centre	Progress Drive Nightcliff (opposite shops)	9:20am
Casuarina Shopping Centre	Bay 1 at Casuarina Interchange	9:30am
Royal Darwin Hospital	Florey Avenue, Hospital bus bay	9:40am
Diabetes Australia	Tiwi Gardens Road	9:45am
Tiwi Gardens Lodge	Creswell Street Tiwi	9:50am
Casuarina Shopping Centre	Bay 1 at Casuarina Interchange	10:00am

#### Afternoon Services

Pick Up	Location	Time
Casuarina Shopping Centre	Bay 1 at Casuarina Interchange	12:00pm
Royal Darwin Hospital	Florey Avenue, Hospital bus bay	12:10pm
Diabetes Australia	Tiwi Gardens Road	12:15pm
Tiwi Gardens Lodge	Creswell Street Tiwi	12:20pm
Casuarina Shopping Centre	Bay 1 at Casuarina Interchange	12:30pm
Nightcliff Shopping Centre	Progress Drive Nightcliff (opposite shops)	12:40pm
Woolworths Nightcliff	Dick Ward Drive Nightcliff	12:45pm
Pearl Retirement Resort	11 Waratah Crescent Fannie Bay	12:55pm
Fannie Bay Seniors Village	Corner Waratah Crescent / Kurringal Court Fannie Bay	1:00pm

#### Free Bus Travel

Travel on the Territory's urban public bus network is free for the following:

- Veteran's with a Veteran's Affairs Gold Card
- People with a Vision Impaired Travel Pass
- A Companion Card holder's companion

In the instance where there is no photo ID to the card identifying the cardholder bus drivers may ask for photo ID.

### **Companions**

A person travelling with a Companion Card holder as a companion is eligible for free travel, not the Companion Card holder. However, some Companion Card holders might also hold a Vision Impaired Travel Pass or Veteran's Affairs Gold Card allowing them to travel free. In this instance they must still show their Companion Card for their companion to travel for free.

### **Fare structure 1 January 2014**

#### Full Fare: \$3.00

An adult full fare entitles the passenger to unlimited bus travel for three hours on any scheduled public bus service from the time of validation.

#### Concession: \$1.00

Seniors, Pensioners and Carers Card, Health Care Card, Companion Card, University and VET Card holders are entitled to unlimited bus travel for three hours any scheduled public bus service from the time validation.

Only Australian State, Territory or Federal Government issued cards accepted.

### **Cards not eligible for free bus travel**

- Basics Card
- Companion Card
- Health Care Card
- Interstate Student Card
- International Student Card
- Pensioner, Carer/Concession Card
- University Student Card
- TAFE Card
- Seniors Card

For more information about public transport fares and services, please contact public transport division on 8924 7666 or visit [www.nt.gov.au/publictransport](http://www.nt.gov.au/publictransport).

## USEFUL CONTACTS & INFORMATION

### Community Meeting Rooms Available for Hire

#### Casuarina

**Location:** Casuarina Library Meeting Room  
Casuarina Library  
Bradshaw Terrace CASUARINA

**Postal:** GPO Box 84 DARWIN NT 0801

**Telephone:** 8930 0211

**Fax:** 8945 0004

**Email:** [darwinlibraries@darwin.nt.gov.au](mailto:darwinlibraries@darwin.nt.gov.au)

**Website:** [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)

**Parent Body:** City of Darwin

#### Malak

**Location:** Malak Community Centre  
Malak Crescent MALAK

**Postal:** GPO Box 84 DARWIN NT 0801

**Telephone:** 8930 0556

**Fax:** 8930 0311

**Email:** [darwin@darwin.nt.gov.au](mailto:darwin@darwin.nt.gov.au)

**Website:** [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)

**Parent Body:** City of Darwin

The air-conditioned centre has a small room that adjoins the large room and shared toilet facilities.

It has a fully fenced outdoor grassed area at the rear including play equipment, barbeque and an undercover area.

## Useful Contacts & Information

### **Nightcliff**

**Location:** Nightcliff Community Centre  
18 Bauhinia Street NIGHTCLIFF

**Postal:** GPO Box 84 DARWIN NT 0801

**Telephone:** 8930 0556

**Fax:** 8930 0311

**Email:** [darwin@darwin.nt.gov.au](mailto:darwin@darwin.nt.gov.au)

**Website:** [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)

**Parent Body:** City of Darwin

One air-conditioned meeting room is available for hire and accommodates 40 people comfortably.

The centre is suitable for meetings, seminars and training.

### **Lyons**

**Location:** Lyons Community Centre  
25 Damabila Drive LYONS

**Postal:** GPO Box 84 DARWIN NT 0801

**Telephone:** 8930 0556

**Fax:** 8930 0311

**Email:** [darwin@darwin.nt.gov.au](mailto:darwin@darwin.nt.gov.au)

**Website:** [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)

**Parent Body:** City of Darwin

One air-conditioned meeting room is available for hire and accommodates 60 people comfortably.

## Useful Contacts & Information

### Health and Community Services Complaints Commission (HCSCC)

**Location:** Level 5 NT House  
22 Mitchell Street DARWIN

**Postal:** GPO Box 4409 DARWIN NT 0801

**Telephone:** 8999 1969

**Freecall:** 1800 004 474

**Fax:** 8999 6067

**Email:** [hcsc@nt.gov.au](mailto:hcsc@nt.gov.au)

**Website:** [www.hcsc.nt.gov.au](http://www.hcsc.nt.gov.au)

**Hours:** Monday-Friday: 8.00am-4.30pm

The Health and Community Services Complaints Commission (HCSCC) is an independent body that takes complaints about disability services, services for aged people and health services.

HCSCC assists parties to resolve complaints, aid improvement of services and promote the rights of users.

## Useful Contacts & Information

### **Motor Vehicle Enthusiasts Club Inc**

**Location:** The Old Qantas Hanger  
MacDonald Street PARAP

**Postal:** GPO Box 911 DARWIN NT 0801

**Telephone:** 8942 0758

**Email:** [mvec@internode.on.net](mailto:mvec@internode.on.net)

**Website:** [www.mvec.org.au](http://www.mvec.org.au)  
[mvec.weebly.com](http://mvec.weebly.com) - Newsletter

**Hours:** Monday, Wednesday and Friday: 9.00am-3.00pm

The QANTAS Hangar constructed by QANTAS in 1934 has on show Leo Izod's restored collection of stationary engines and machinery.

Vehicles belong to MVEC club members and includes exhibits belonging to MAGNT.

Entry free donations appreciated to help upkeep.

## Useful Contacts & Information

### Neighbourhood Watch NT

**Location:** cnr Bradshaw Terrace & Dripstone Road  
CASUARINA

**Postal:** PO Box 41500 CASUARINA NT 0811

**Telephone:** 8999 0847

**Fax:** 8999 0808

**Email:** [neighbourhoodwatch@nt.gov.au](mailto:neighbourhoodwatch@nt.gov.au)

**Website:** [www.nhwnt.org.au](http://www.nhwnt.org.au)

**Hours:** Monday – Friday 7.00am – 3.00pm

Neighbourhood Watch NT is a very successful community based crime prevention program in the Northern Territory aimed at the protection of property and personal safety.

### Palmerston and Rural U3A

**Location:** Palmerston Library

**Postal:** 8/8 Wright Crescent GRAY NT 0830

**Telephone:** 8932 5212 or  
0437 623 654

**Email:** [mschoenfisch@southernphone.com.au](mailto:mschoenfisch@southernphone.com.au)

**Hours:** 1.30pm-3.3pm

A group of seniors who meet once a month to fellowship with a diverse assortment of meetings.

For further information please call Maggie on 8932 5212.

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