

DROP IN AND SEE US

COTA NT offices are open
Mondays to Fridays, 9am – 3pm
except public holidays.

Enquiries can be directed to the
CEO 8941 1004 or via
ceo@cotant.org.au



[www.facebook.com/
COTANorthernTerritory](http://www.facebook.com/COTANorthernTerritory)

SENIORS MONTH 2016

COTA NT has provided a varied program of activities and events for this year's SENIORS MONTH 2016. Details can be found online at: <http://www.cotant.org.au/programs-events/> - Alternatively, please pick up a printed program from the offices at Spillett House.

Highlights of the month include:

- iPad Training 4 Week Course – 6 to 27 August
- Pre-Election Exchange between Minister and Shadow Minister for Senior Territorians - 10 August
- Fitness and Exercise Classes (Pilates, Yoga, Spilates, Chair Aerobics, Zumba Gold, Laughter Yoga) – various dates
- Movie Preview and Morning Tea: Ben-Hur – 24 August*
- Multicultural Lunch – 26 August

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SENIORS MONTH 2016

FREE MOVIE & MORNING TEA

SURF SPACE

VOLUNTEER FOR COTA

JOIN COTA NT

FREE MOVIE & MORNING TEA

Thanks to our friends at BCC Cinemas, you are invited to a FREE special preview screening and morning tea of Ben-Hur at Casuarina on:

**Wednesday 24
August, 10.30am.**

Tickets from COTA NT only. *Email notification will sent out when tickets are available for collection from Spillett House.*



BEN-HUR is the epic story of Judah Ben-Hur (Jack Huston), a prince falsely accused of treason by his adopted brother Messala (Toby Kebbell), an officer in the Roman army. Stripped of his title, separated from his family and the woman he loves (Nazanin Boniadi), Judah is forced into slavery. After years at sea, Judah returns to his homeland to seek revenge, but finds redemption. Based on Lew Wallace's timeless novel, Ben-Hur: A Tale of the Christ. [WATCH THE TRAILER!](#)

©2016 Paramount Pictures. All Rights Reserved. **In cinemas AUGUST 25**

Facebook: facebook.com/ParamountPicturesAU Website: www.BenHurMovie.com.au Twitter:

@ParamountAU Instagram: @ParamountAU #BenHur

SURF SPACE – IT'S YOUR SPACE!

COTA NT's computer space for seniors at Spillett House is open every day between 9am and 3pm. Come in and browse the Internet at no cost, for as long as you like.

If you prefer, book in with Fran on a Friday morning for some help with Internet basics. **For bookings, phone 8941 1004 during office hours (M-F, 9am – 3pm).** *Please note, this project is due to finish soon and the capacity of Surf Space reduced.*



for knowledge



WWW

Mondays to Fridays
9.00am - 3.00pm

learn how to
surf the internet
knowledge at your
fingertips
free access

Surf Space

bookings required for
tuition 8941 1004
Spillett House, 65 Smith
Street, Darwin

VOLUNTEER FOR COTA

If you are interested in volunteering for COTA, we currently have vacancies for the following roles:

- **Volunteer Co-Ordinator** – You are needed to help recruit, interview, train and manage volunteers to assist with administrative work and event support. Experience of Microsoft Office, online database usage and the Internet essential. Experience with WordPress websites preferred.
- **Administrative Officer** – You will be required to work 'front-of-house' dealing with enquiries, phone calls and some cleaning and administrative tasks. You may also be asked to offer basic internet assistance. Ability to listen essential. Office experience preferred.
- **Internet Trainer** – You will be required to spend a few hours each work as a COTA Peer Educator helping seniors work through basic internet competency in our dedicated classroom space. Experience in education and training highly preferable.



For all positions, a current OCHRE card will be required. Please email a brief resume to COTA CEO Graeme Bevis at ceo@cotant.org.au if you are interested in any of these roles.